

Join us in Celebrating

*National Stuttering Association's 26th Annual Conference
and Research Symposium*

For Adults and Children Who Stutter, their Families and Professionals

2009
Conference and Research Symposium
July 8 – 12, 2009

Westin Kierland Resort & Spa
6902 E. Greenway Parkway
Scottsdale, AZ 85254
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Register online for the conference at www.WeStutter.org (Click on Annual Conference)
Register online to book your hotel at <http://www.starwoodmeeting.com/Book/nsastutter>



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Table of Contents

Welcome Messages.....	4
Corporate Sponsors.....	5
Speech Language Pathologists.....	6-7
Booth/Picture information	8
NSA Store	9
Stay Connected	10
Live Charity Auction	11
Silent Charity Auction.....	12
Adult Conference Schedule	
Wednesday.....	13
Thursday	14
Friday	23
Saturday.....	34
Tour information.....	33
Family Conference Schedule	
Thursday	44
Friday	50
Saturday	52
Names and addresses you don't want to forget.....	60
See you next year.....	61

Welcome to the National Stuttering Association



Welcome Messages

NSA Board of Directors

On behalf of the Board of Directors of the National Stuttering Association, we would like to welcome you to NSA 2009. We are so excited that you are here. If this is your first conference you will experience an event unlike anything you have ever imagined. Many have described the conference as a “life-changing experience”. In many ways you may find these next few days will be the “first” days of the rest of your life. For those of you returning for your second, fourth, tenth, or fifteenth conference, we say welcome back good friends.

During the next four days we will come together as a closely-knit community of adults, children, families, and friends who share stuttering as a common bond. We will be educated, motivated, and challenged. We will be moved as we listen to the stories of our comrades and as we share our own stories—perhaps for the first time.

Most of all, though, we will realize once again that we belong to a very special community of caring individuals who understand exactly what it is and how it feels to stutter and we will remember how important it is to be a part of that community.

NSA Family Programs

Debbie Nicolai, Marybeth Allen & Sarah D’Agostino

Welcome to the NSA 2009 Scottsdale Conference! In this, our 32nd year of supporting people who stutter and our 26th annual conference, we meet in Scottsdale, Arizona to share stories, renew old friendships, and create new memories. We welcome more families, children, teens and young adults than ever before! We have made changes to our program in response to the growing needs of families in order to enhance the NSA experience for everyone. As children and teens who stutter come together with adults who stutter, we join our Family Voices in the spirit of understanding that “We Are Not Alone!!”

Tammy Flores & Melissa Lopez

Welcome. This is going to be a fantastic weekend. If you are a first timer then this will be an experience you’ll never forget. The more people you meet the more powerful experience this will be. If this is your 2nd or 22nd conference, sit back and enjoy the ride. Well, don’t forget to say hi to people that you have never met as well. Take a moment this weekend and reflect on your new friends, what the NSA means to you, and what the stuttering community means to you. We are all here for each other. If you stutter you’re not alone. Have a great time.

We would like to thank the following sponsors for supporting our 26th Annual Conference and Research Symposium
 Teva Pharmaceuticals, HMA Public Relations, Endo Pharmaceuticals, Janus Development, Tzell Travel, California Pizza Kitchen, Euro RSCG Life, and EGC Group.



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Welcome to the National Stuttering Association



Speech Language Pathologists

We would like to welcome each of you to the 26th annual National Stuttering Association conference! If this is your first time with us or you have attended the NSA conferences in the past, get ready for an unforgettable time. This weekend offers an opportunity to share information and experiences, learn more about stuttering and provide support to one another. As you know, stuttering is a complicated disorder and we value your commitment to learn more about stuttering. With your help and dedication, more and more people will be educated about stuttering and more people who stutter will be empowered.

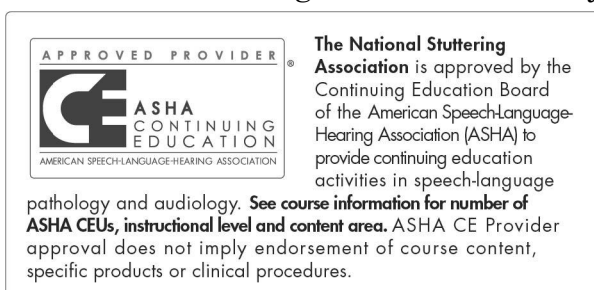
During the next three days, you will be able to learn and grow both personally and professionally. Take advantage of this exciting conference by attending workshops, speaking to stuttering specialists and interacting with children and adults who stutter! We encourage you to attend any workshop offered in the adult track. However, please note that ASHA approved workshops in which you can accrue Continuing Education Units are marked with an asterisk. Please keep track of your attendance and learning outcomes in these workshops.

Paperwork Instructions:

If you pre-register, CE forms will be enclosed in your pre-registration packet at the conference. Participants can earn up to a maximum of 1.5 ASHA CEUs (15 hours). Completed CE forms must be turned in to registration desk by 4:00 PM on Saturday.

Enjoy the conference!

Continuing Education Unit



National Stuttering Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. This program offers up to 1.5 CEUs (Intermediate level; Professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Workshops available for Continuing Education Units (CEU)
ASHA approved workshops in which you can accrue
Continuing Education Units are marked with an asterisk (*)

- Speech Language Pathologist Orientation—Not a CEU course but a must go—pg 16
- A is for Attitude....page 16
- NSA Research Symposium....page 17
- Cluttering...a different type of fluency disorder...page 18
- Fearless Stuttering 101...page 18
- Updates on the Research in Stuttering....page 19
- Ask the Experts....page 20
- Taking the bite out of Advertising...page 20
- Iceberg Analogy of Stuttering...page 21
- Building Self Confidence...page 24
- Stuttering 101....page 25
- The Courage to Speak...page 26
- Speech Easy ~ An Integrated Approach...page 28
- Rethinking psychotherapy...page 28
- Self Help Strategies from Avoidance...page 29
- Revive your inner spirit....page 30
- Beating the Stuttering Blocks...page 31
- Avoid Avoiding....page 31
- Coping with the Blues....page 31
- Living with Stuttering...A life time of change...page 32
- Experience normal speech...page 35
- Fighting Discrimination under the ADA....page 35
- Stuttering & Unconditional Acceptance...page 35
- From Stuttering to Success...page 36
- Applying positive Psychology to your speech....page 38
- Tips for landing the perfect job...page 39
- There are no words/letters in your speech...page 39
- Covert Stutteringpage 40
- Update on the Use of Medications for the Treatment of Stuttering...page 41
- Pushing past the fear...page 41
- What happened the first time you stuttered?...page 42

Asterisk (*) represents CEU sessions

Picture Information/Exhibit information

Be sure to check out the following information located near the registration area:

The International Cluttering Association (ICA) was formed in May 2007 in an effort to increase public/professional awareness of the communication disorder of cluttering, and to provide resources for professionals, consumers and the public. The ICA uses web-based technology to connect researchers, speech-language pathologists, and consumers in an effort to form international, collaborative partnerships designed to encourage the development of evidence-based interventions. The primary goal of the ICA is to increase public and professional awareness about this communication disorder, so that ultimately more effective treatments can be established. In addition, given that those who clutter offer an inside perspective to the disorder, and that a significant portion of cluttering research has been done outside the United States, it is of primary importance to the ICA that: 1) the consumer (i.e., the person who clutters) is represented; and 2) representation is international. For further information regarding the ICA, please visit our website <http://associations.missouristate.edu/ICA>

SpeechEasy is a treatment option for those who stutter. Similar in appearance to a hearing aid, our device is worn in the ear and recreates the fluency-enhancing effects of choral speech. By merging this technology with traditional therapy techniques, our hope is that clients will find long lasting results that help them become more effective communicators.

NSA does not endorse products, services, publications, medications or treatments. Exhibitors at NSA sponsored events do not represent an endorsement by NSA, nor is it testimony by NSA as to the quality of the product exhibited or the validity of the exhibitor's claims.

IMPORTANT NOTICE **PICTURE PERMISSION**

Be advised the photos/videos taken during the NSA conference may be used by the NSA for promotional purposes. Attendance at NSA events is an implied permission for NSA use of participant likenesses. If you DO NOT wish your (or your child's) likeness to be used please come to the registration desk to sign a form.

Disclaimer: All descriptions of workshops were developed from materials provided by the presenters, although some were edited for length. The Conference Workshop Program is a forum for views and information about stuttering. The opinions expressed here are those of the individual presenter, and are not necessarily the opinions and/or views of the NSA, organizers, and/or co-sponsors of the NSA 2009 Conference. The NSA accepts NO responsibility for the accuracy of any opinion or information provided by any presenter, nor do we endorse or reject any therapeutic strategies, programs, or devices presented or discussed.

Welcome to the National Stuttering Association



NSA Store

The NSA Store is located next to conference registration for your convenience. Come see our complete line of books and brochures for the teachers, parents, professionals, adults and children who stutter.

Store Hours

Wednesday 2:00 P.M. - 6:00 P.M.

Thursday 8:00 A.M. - 5:00 P.M.

Friday 8:00 A.M. - 5:00 P.M.

Saturday 8:00 A.M. - 4:00 P.M.

PLEASE NOTE: The store is not open during the General Sessions or closing ceremony.

Silent Auction

Be sure to check out all of the great items we have—bidding closes at 1:00pm on Saturday and you must pick up your items by 4:00pm Saturday

Keep the conference feeling alive long after July by taking home Scottsdale conference t-shirt. Help support the NSA and bring home memories to last a lifetime.

Welcome to the National Stuttering Association



Stay Connected

Keep the Scottsdale Spirit Alive!

Join this group and don't lose contact with the many special friends you'll meet at the NSA Scottsdale 2009 conference!

You can ...

- email your friends
- share your pictures of the conference
- see others' pictures

It's safe, fun, free, and easy!

SAFE! - you reveal only what you want to. No security problems.

FUN! - keep the conference spirit alive when you're back home.

FREE! - doesn't cost you a penny!

EASY! - nuthin' to it. It's as easy as 1-2-3!

Here's how to join:

1. Go to <http://health.groups.yahoo.com/group/NSA-Conference/>
2. Press "Sign in to Yahoo!" or "Join This Group."
3. Follow the easy on screen instructions. Even old people can do it!

Join NOW! The system is up and running and ready to go - NOW! You don't have to wait till the conference. The sooner you join, the more fun you'll have! Don't miss out! Your friends will all be joining and waiting for you on line!

So come on in and start having FUN!!!!!!

If you need any help with this, contact Russ Hicks at rushicks@mail.com. I'll be glad to help you!

Welcome to the National Stuttering Association



Live Charity Auction & Special Thanks

Saturday, July 11, 2009

Auction items will be on display throughout the conference and during the banquet on Saturday evening at 7:00 p.m. in the Herberger Ballroom.

Immediately following dinner the room will come alive as members bid on exciting items during the NSA Live Auction. It's fun, fast-paced, and the items are fantastic.

Here are some of the wonderful items being offered...

- New York Jets signed (Lithograph) football, The Infamous "Handmade Quilt", handmade jewelry, original artwork by Peter Max, the famous Aussie Hat, etc.

Some of the exciting vacations

Dublin, Ireland (Ritz Carlton), Hong Kong (Peninsula) & Beijing (Peninsula hotel),
Riviera Maya/Cancun and Paris (Castille and Scribe), Vegas, Atlantis Paradise Island, San
Francisco, Beverly Hills, Puerto Rico

To bid in the live auction, hold up your paddle, facing the auctioneer. NSA Youth Committee volunteers will be "running" to your table to assist you with payment during the live auction. Payments may be made with cash, check, Visa & MasterCard. Checks should be made payable to the National Stuttering Association. Thank you for supporting the NSA!

The NSA is a non-profit 501 (c) (3) organization celebrating over 30 years of support and education for children and adults who stutter. Your purchases are tax deductible to the extent provided by the law. Please consult your tax advisor.

All items must be paid for in full. Note all conditions, restrictions, and expiration dates on items and services. Some items must be scheduled at a mutually-agreed upon time for both parties. Unless otherwise specified, all auction items and services must be used within one year of purchase.



A special thanks goes to all of the companies and individuals who donated items for the silent and live auction to support the NSA. A special thanks to Continental Airlines for the generous contribution to the live auction. A special special thanks to Tzell Travel, for all the fabulous prizes donated year after year.

Silent Auction is Back!

The Silent Auction will be set up on tables in the main foyer, near the NSA store. Items will be available for viewing and silent bidding anytime the NSA store is open (see page 8 for times). Bids will be closed on Saturday afternoon at 1:00pm. Items will be available for claim and payment on Saturday afternoon from 1:15 ~ 4:00pm. If you bid on an item and do not claim it by 4:00pm on Saturday it will go to previous bidder.

How to bid for Silent Auction Items

- Upon receiving your conference material you will notice a number located on the front of your name badge. This is what you will use to bid for the items
- All bidding is done by number. Please write your bids and bidding number legibly.
- There is a minimum starting bid on each item – once 1st bid is placed you must raise the bid by the minimum raise amount listed on the item card.
- You cannot raise the advance less than the stated incremental amount. You may bid a greater amount than the advance amount stated and in fact, may be the best bidding strategy (i.e.-jump raise a few notches and blow away the competition).
- If you really want an item, it's a good idea to check back several times during the conference to raise your bid.
- Sometime before 1:00pm on Saturday you should check the item you were bidding on to see if you are the winner.
- Silent auction ends at 1:00pm on Saturday – you **MUST** pick your items up by 4:00pm on Saturday.





Wednesday Adult Conference Schedule

Day at a glance

1:00 pm –4:00 pm
NSA Board Meeting

2:00 pm - 6:00 pm
Conference registra-
tion opens

2:00 pm - 6:00 pm
NSA store is open

2:00 pm –6:00 pm
Silent Auction begins
in the NSA Store

4:00 pm—7:00 pm
CEU (0.3 CEU's)
Walt Manning

NSA Board Meeting

What: NSA Semi-Annual Board Meeting
Where: Noble Boardroom
When: 1:00pm– 4:00

The NSA's Board of Directors will meet to discuss the business of the organization. This meeting is open to the membership, except during executive sessions.

*Stuttering ~Common Factors and Principles of Therapeutic Change (0.3 CEU's)

Who: Walt Manning
Where: Herberger 2
When: 04:00 PM to 07:00 PM (Registration begins at 3:30)

I: The medical and common factors models

Goals for Change (therapeutic & Self-directed)

The Medical Model

Following Psychology – Another model?

Wampold's findings and conclusions

Absolute and Relative efficacy

Specific ingredients

Three core findings

II. The essential common factors – clinician characteristics and expertise_

The Common Factors/Contextual Model

The value of the Clinician

The non-intuitive nature of some techniques

Fluent clinicians can understand

Essential Structure of a story dominated by Stuttering

Essential Structure of Successful Management

Clinician Characteristics

Levels of Expertise

III. Principles of Therapeutic Change

Making Decisions with Rules & principles

Four principles of therapeutic change

Identifying & promoting agentic behavior

Wednesday night—

Everybody is heading to the main pool for an NSA pool party. If you aren't in the mood to head to the pool grab a group of friends and take a stroll over to Kierland Commons for a little shopping or dinner.

Asterisk (*) represents CEU sessions



Thursday Adult Conference Schedule

Day at a glance

8:00am ~ 5:00pm
NSA store is open

8:00am ~ 5:00pm
Silent Auction opens
in the NSA Store

8:00 ~ 9:45am
Adults Workshops

10:15am ~ 12:15pm
Research Symposium
Herberger Ballroom

12:15 ~ 1:15pm
Lunch on your own

1:30 ~ 2:45pm
Adult Workshops

3:00 ~ 4:15pm
Adult Workshops

6:30 ~ 11:30pm
Opening Celebration/
exciting performance
by Our Time Theater/
Karaoke

Chapter leader program 8:00 ~10:00 am

<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
Wallace/Madsen	Adult/Youth Chapter Leader Program	Herberger 4

Adult Workshops (8:30 ~ 9:45 am)

Complete descriptions are provided on page 15-16

<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
Judith Eckardt	Speech Language Pathologist Orientation	Greenway A
Jamie Rocchio	First Timer's	Herberger 5
Jerry Higgins	Making Stressful Situations....	Rainmaker B
Joseph Diaz	Open Microphone	Rainmaker A
*Steve Kaufman	A is for Attitude	Herberger 1

*NSA Research Symposium 10:15 am ~ 12:15 pm
Herberger Ballroom

12:15 ~ 1:15 pm ~NSA is happy to offer you some inexpensive options for lunch. Head up to the Trailblazer room and enjoy lunch with some of your new found friends. You can choose from assorted sandwiches \$5.50, Salads \$5.50, cookie \$2.00, brownies \$3.00, soda/water \$2.50

Adult Workshops (1:30 ~ 2:45 pm)

Complete descriptions are provided on page 18-19

<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
*Kathleen Scott	Cluttering~ A different type of fluency disorder	Herberger 1
Reuben Schuff	Open Microphone	Herberger 5
*Gennuso/Koroll	Fearless Stuttering 101	Herberger 4
Jeff Goodman	How to find a Job w/o interviewing	Herberger 2
Extended workshop 1:30 ~4:15 pm		
*Dennis Drayna	Discovery of causes of stuttering	Herberger 3

Adult Workshops (3:00 ~ 4:15 pm)

Complete descriptions are provided on page 20-22

<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
*Games/Reeves	Ask the experts	Herberger 5
*Sarah Onofri	Taking the Bite out of Advertising	Rainmaker C
Gregg Benedikt	First Timer's Gathering	Rainmaker A
Tetnowski/Rosenbaum	Real Life for 20 something's	Herberger 1
*Russ Hicks	Iceberg Analogy of Stuttering	Herberger 4
Koroll/Olish/Romano	Mingle & Mix	Trailblazer
Paula Schwab	Open Microphone	Herberger 2

Opening Conference Celebration 6:30 pm—11:30 pm
Herberger Ballroom— KARAOKE night

Asterisk (*) represents CEU sessions

Thursday Morning (8:30 ~ 9:45am)

Adult/Youth Chapter Leader Program

Who: Tracey Wallace, Brad Madsen
What: Training for NSA Chapter Leaders
Where: Herberger 4
When: 08:00 AM to 10:00AM

This is the annual training for NSA Chapter Leaders. Topics include increasing and retaining attendees, leadership skills, and conflict resolution. This will be an open forum with leader-to-leader problem-solving sessions.

First Timer's

Who: Jamie Rocchio
Where: Herberger 5
When: 08:30 AM to 9:45 AM

Come meet other first timers and get acquainted with the busy conference schedule at this fun, light-hearted informative gathering. It's a great way to meet new people and get your basic conference questions answered.

Jamie Rocchio has an MS degree in Human Development, Counseling, and Family Studies from the University of Rhode Island. She has stuttered since the age of five and has been a guest on the Stutter Talk podcast several times. Jamie currently resides and works on the Rhode Island Coast.

Making Stressful Situations Disappear

Who: Jerry Higgins
Where: Rainmaker B
When: 08:30 AM to 9:45 AM

Do you ever get upset or think about things that happened? Can you express yourself or be open about yourself? Many of us say we can't talk, we look back and tend to think about certain situations and how we would have handled them.

Jerry Higgins is chapter leader of the NJ chapter and NSA member since 2000. This will be his 10th conference.

Open Microphone - Back by popular demand

Who: Joseph Diaz
Where: Rainmaker A
When: 08:30 AM to 9:45 AM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!

Joseph Diaz is a long time member of the NSA and currently resides in Texas.

Asterisk (*) represents CEU sessions

Thursday Morning (8:30 ~ 9:45am)

SLP Orientation - Getting the most of the NSA conference

Who: Judith Eckardt
Where: Greenway A
When: 08:30 AM to 9:45 AM

Attention SLP's Whether this is your first conference or your 10th, come and join us for discussions on how to navigate the NSA conference. We have the inside scoop on how to get the most from your experience. This session will allow us to help you choose the best places to gain insight on stuttering.

Judith Eckardt is a licensed certified speech-language pathologist who specializes in fluency. She is a Board Recognized Fluency Specialist in ASHA and now resides in Tucson, AZ. She continues to do therapy/consultation and workshops for stuttering, recently completed a six year term as Secretary of the ISA (International Stuttering Association), and is the facilitator for the NSA Tucson Chapter. Judith has obtained her CTM in Toastmasters and her motto for herself and other people who stutter is YOU CAN DO IT. This refers to being able to communicate effectively----even with some stuttering.

*A is for Attitude ~ Stuttering Thunder at the Eighth Wonder

Who: Steven Kaufman
Where: Herberger 1
When: 08:30 AM to 09:45 AM

"Image is everything." once said tennis great Andre Agassi. That may be true for some, but when it comes to people who stutter, it's about attitude. How we react, how we adapt, and how we face adversity when our speech is called into question by our peers. In this workshop you'll learn how to keep focus when your speech gets to you, how to approach people and let them know you stutter in a non-confrontational way, and you'll leave with a new viewpoint. You'll also learn the story of why "safe is death".

Steven Kaufman is the NSA's chapter leader for Long Island, New York. Steven is a very passionate advocate on behalf of people who stutter. He is an avid supporter of the Yankees, and counts hockey, karaoke, and charity galas as among his interests.



Asterisk (*) represents CEU sessions

*NSA Research Symposium (10:15AM ~12:15PM)

Herberger Ballroom

The NSA is excited to announce that in response to our members' request for more information regarding research about stuttering, we have expanded our annual conference to include an annual NSA Research Symposium, at no additional cost to our members. The focus of this session will be to get scientific information on the treatment of stuttering directly to our membership, not from the internet or other less reputable sources. You will now have the chance to hear from some of the nations' leading experts and become informed about the latest developments in stuttering research. Each panelist will present cutting-edge research information on their area of expertise in stuttering. This year's NSA Research Symposium will focus on pharmaceuticals, genetics, fluency devices, behavioral therapy, and concomitance.

The presenters scheduled to appear will include: Dr. Dennis Drayna, National Institutes of Health Dr. Gerald Maguire, University of California, Irvine School of Medicine, Dr. Walter Manning, University of Memphis, Dr. Larry Molt, Auburn University, and Vivian Sisskin, University of Maryland. Dr. John Tetzowski will serve as moderator.

Dr. Dennis Drayna, received his Bachelor's degree from the University of Wisconsin in 1976, and his PhD in Genetics from Harvard University in 1981. He spent 12 years in the biotechnology industry in the San Francisco Bay area, after which he moved to the National Institutes of Health in 1996. He's currently a Senior Investigator and Section Chief at the National Institute on Deafness and Other Communication Disorders. His research is focused on the genetic aspects of stuttering.

Gerald A. Maguire, MD, is Associate Professor of Clinical Psychiatry and the Kirkup Endowed Chair in Stuttering Treatment in the Department of Psychiatry as well as Senior Associate Dean for Educational Affairs at the University of California, Irvine (UCI) School of Medicine. Dr. Maguire earned his medical degree from St. Louis University School of Medicine in 1991. He also serves on the research advisory board for the National Stuttering Association. He serves as the lead investigator in the pagoclone treatment studies in stuttering. As a matter of disclosure, Dr. Maguire receives research grants, consulting fees and/or honoraria paid to his university from Indevus, Teva, Eli Lilly and Bristol-Myers Squibb.

Walt Manning is a professor and Associate Dean in the School of Audiology and Speech-Language Pathology at The University of Memphis. He teaches courses in fluency disorders and research methods. He has published more than 80 articles in a variety of professional journals and has presented on many occasions to regional, national, and international meetings. He has served on the Steering Committee of Division 4 (Fluency & Fluency Disorders), the Specialty Board on Fluency Disorders, and is a Board Recognized Specialist in Fluency Disorders. He is a fellow of ASHA and has received the honors of Tennessee Association of Audiologists and Speech-Language Pathologists.

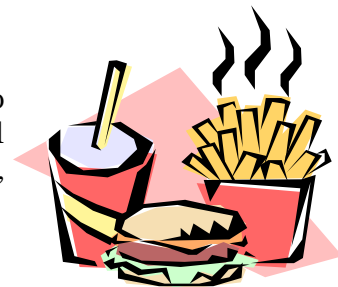
Larry Molt, Ph.D., CCC-SLP/A, BRFS, Associate Professor in the Communication Disorders at Auburn University in Alabama and Director of the university's Neuroprocesses Research Laboratory. Dr. Molt also serves as coordinator of ASHA Special Interest Division 4: Fluency and Fluency Disorders and as President of the International Fluency Association. Dr. Molt has been active in clinical practice in stuttering for over 25 years. As a brain and motor scientist, national leader, experienced clinician, and a person who stutters, Larry brings a unique personal and professional insight into dealing with the issues associated with effective treatment of stuttering.

Vivian Sisskin, MS, CCC-SLP, BRS-FD, University of Maryland, College Park ~ is a clinical instructor in the department of Hearing and Speech Sciences at the University of Maryland. The University's College of Behavioral and Social Sciences recognized her with the 2008 Excellence in Teaching Award. She is an ASHA Board Recognized Specialist in Fluency Disorders and served as Coordinator for ASHA's Special Interest Division 4, Fluency and Fluency Disorders. Her clinical interests include fluency disorders and communication in autism spectrum disorders. Her publications and workshops focus on the treatment of stuttering, non-stuttering disfluency, and strategies for effective group therapy. Vivian is a private practitioner in the Washington D.C. area.

Thursday Adult Workshops

12:15 ~ 1:15 pm ~ Lunch on your own

NSA is happy to offer you some inexpensive options for lunch. Head up to the Trailblazer room and enjoy lunch with some of your new found friends. You can choose from assorted sandwiches \$5.50, Salads \$5.50, cookie \$2.00, brownies \$3.00, soda/water \$2.50



* Cluttering ~A different type of fluency disorder

Who: Kathleen Scaler-Scott, Ellen Bennett-Lanouette, Jon Wong

Where: Herberger 1

When: 01:30 PM to 02:45 PM

This panel will define and discuss the components of the fluency disorder of cluttering. Strategies for differentiating stuttering from cluttering and management of cluttering symptoms will be presented. Part of this presentation will discuss parental issues in seeking help for children who clutter, as experienced by Jon Wong, a parent of a child who clutters. Resources for people with cluttering, their families, and speech-language pathologists will be discussed.

Kathleen Scaler Scott is a speech Language Pathologist, Board Recognized Fluency Specialist and Mentor, and Coordinator of the International Cluttering Association. Dr. Scaler Scott has 16 years clinical experience in schools, hospitals, and private practice. Her research interests include cluttering and fluency disorders in children with Autism Spectrum Disorders.

Ellen Bennett Lanouette, Ph.D., CCC-SLP, BRS-FD Speech Language Pathologist, Membership chair of the International Cluttering Association, Board Recognized Fluency Specialist

Jon Wong Parent of a child who clutters, Family Representative for the International Cluttering Association.

*Fearless Stuttering 101

Who: Samantha Gennuso & Kenny Koroll

Where: Herberger 4

When: 01:30 PM to 02:45 PM

Despite the title, there's nothing beginner about fearless stuttering. It takes practice and determination but anyone who's ever stuttered in front of an audience can do it if given the right tools. This workshop will explain the method of openly and fearlessly stuttering in any situation and how that can empower one to advertise and not be ashamed of their stuttering. Stuttering does not have to be negative, and there are ways to advocate oneself so that it is empowering and not debilitating. Join us for a talk on the benefits of fearless stuttering so you can start ASAP!

Samantha Gennuso is an NYU graduate in Journalism currently preparing for graduate study in Global Communications, which she will be beginning this Fall at Boston University. She has been involved with the NSA since 2001 and has attended every conference since then.

Kenny Koroll has been an NSA member since 2000 and was co-leader of the Naperville, IL Chapter before relocating to the St. Louis, MO area. He has worked for the Occupational Safety and Health Administration (OSHA) for eleven years. He spent seven years as a Federal Compliance Officer, two years as a Training Instructor, and is currently a Federal Compliance Assistance Specialist. He has a Bachelors and Masters Degree in Occupational Safety & Health from Northern Illinois University.

Asterisk (*) represents CEU sessions

Thursday Adult Workshops (1:30 ~ 4:15pm)

How to Find a Job without Really Interviewing

Who: Jeff Goodman
Where: Herberger 2
When: 01:30 PM to 02:45 PM

I'll have a brief intro in which I'll share my background and some of my experiences, and then we'll open it up for discussion. Among the things we'll touch on - elevator speeches, networking, and the "golden rule". Hopefully it will be very interactive with lots of audience participation.

Jeff, a CPA and MBA, is the former leader of the Fort Worth, Texas chapter. He now lives in Dallas, where he is currently doing freelance consulting work.

Open Microphone ~ Back by popular demand

Who: Reuben Schuff
Where: Herberger 5
When: 01:30 PM to 02:45 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!

Reuben Schuff is an Aerospace Engineer from Newark Delaware, is active in local NSA chapters in the Baltimore/Washington Area and this will be his second NSA national conference.

*Discovery of Causes of Stuttering ~ Treatment Implications

Please note—this is an extended workshop

Who: Dennis Drayna, PhD
Where: Herberger 3, A, B
When: 01:30 PM to 04:15 PM

This will consist of two parts, a lecture followed by an opportunity to participate in research on stuttering. The lecture will be 45 minutes in length, with an additional 15 minutes allowed for questions and discussion. The research participation will involve filling out questionnaires and providing small blood donations, which will require an additional 1 hour.

Dr. Drayna received his B.A. in Genetics, University of Wisconsin, 1976, PhD in Genetics, Harvard University 1981. Currently Section Chief, National Institute on Deafness and Other Communication Disorders National Institutes of Health, Bethesda, MD.



Asterisk (*) represents CEU sessions

Thursday Adult Workshops (3:00 ~ 4:15 pm)

*Ask the Experts

Who: Diane Games & Nina Reeves
Where: Herberger 5
When: 03:00 PM to 04:15 PM

There is a tremendous amount of information that is available today for adults and teens that stutter. This workshop is meant to educate consumers who stutter on how to separate fact from fiction in the world of stuttering. Two board recognized fluency specialists will present information on stuttering that can make them better consumers of information. Topics that will be included are: treatment efficacy, pharmacological treatment of stuttering, fluency enhancing devices, and future trends in research. The session will end with a considerable amount of time for questions and answers.

Diane is Co-owner of Tri-County Speech Associates, Inc. a private practice in Cincinnati, OH; Past President of the Ohio Speech/Language & Hearing Association; Honors of OSLHA – 1994; Coordinator of Fluency Friday Plus – a intensive treatment program for children/teens who stutter held yearly in Cincinnati, OH. Nina Reeves is a Speech-Language Pathologist and Board Recognized Fluency Specialist. She is a past NSA Board Member and Family Programs Director. Nina is currently a consultant to several school districts, a frequent continuing education speaker for speech-language pathologists, and a busy private practitioner. She co-authored a textbook on stuttering in school aged children and has authored or co-authored numerous articles and booklets. Nina received the Distinguished Alumni Award from Illinois State University and was NSA's SLP of the Year in 2005.

*Nice to meet you, I stutter ~ Taking the Bite out of Advertising

Who: Sarah Onofri
Where: Rainmaker C
When: 03:00 PM to 04:15 PM

Advertising is essentially being able to say to someone, “Hi, I’m Sarah and I stutter!” This might seem pretty weird at first but can be a big help in feeling more comfortable speaking and just feeling more comfortable stuttering. This workshop will cover some of the different unique ways to advertise your stuttering and the situations where it can be helpful – whether that’s in class, at a job interview or just with friends.

Sarah Onofri is going into her junior year at Wheelock College in Boston, where she’s majoring in Elementary Education and American Studies. She’s very involved with campus activities and is also a student advisor for freshmen, as well as being a Daisy Girl Scout leader. This is her fourth conference and as she’s growing in the NSA from teen to adult, she is so excited to get to share her love of advertising with the teens!

First Timer's Gathering

Who: Gregg Benedikt
Where: Rainmaker A
When: 03:00 PM to 04:15 PM

Come meet other first timers and get acquainted with the busy conference schedule at this fun, light-hearted informative gathering. It's a great way to meet new people and get your basic conference questions answered.

Gregg Benedikt is a long-time member and friend of the NSA. This is his 13th consecutive conference.

Asterisk (*) represents CEU sessions

Thursday Adult Workshops (3:00 ~ 4:15 pm)

Real-life issues for "20-somethings" who stutter ~ An interactive workshop

Who: John Tetnowski & Alex Rosenbaum
Where: Herberger 1
When: 03:00 PM to 04:15 PM

This workshop is designed to facilitate discussion for young adults and older teens on "real-life" issues that face this group. The facilitators will begin the discussion with background research that affects this age-group and the attendees will be encouraged to discuss issues of that are currently impacting their lives. Issues to be discussed are dating, marriage, employment choices, employment preparation, what to do after graduation, starting a family, and other timely issues.

John Tetnowski, Ph.D. is a board recognized fluency specialist and mentor. He has treated people who stutter and has worked with groups for over 20 years. He is a past NSA SLP of the Year and represents last year's Chapter of the Year.

Alex Rosenbaum is a 21 year old college student from Hollywood, Florida. He hopes to be a Speech Language Pathologist after graduating from college. He is currently a member of the NSA's Teen Advisory Council. This is his 10th conference.

*The Iceberg Analogy of Stuttering

Who: Russ Hicks
Where: Herberger 4
When: 03:00 PM to 04:15 PM

The Iceberg Analogy of Stuttering was introduced in about 1970 by Joe Sheehan and has gained wide acceptance as an excellent visual model of how the entire picture of stuttering can be viewed, incorporating the audible stuttering above the waterline and the deep psychological problems beneath the waterline. Understanding the Iceberg is fundamental for all SLPs and students and can be extremely beneficial to people who stutter who want to understand the entire picture of stuttering. Stuttering is not just about fluency - it's about the whole person. The Iceberg Analogy of Stuttering shows this in amazing clarity.

Russ Hicks has been married for 46 years, has two grown children and five beautiful grandchildren. He retired in 1998 from Texas Instruments. Russ is the Past President of the Dallas Chapter of the NSA and was the NSA Member of the Year, 2000. He is the webmaster of the NSA website at www.WeStutter.org 2000.

Mixing and Mingling

Who: Ken Koroll, Cathy Olish & Anthony Romano
Where: Trailblazer
When: 03:00 PM to 04:15 PM

Are you single? Are you in a relationship but want a little practice at meeting new people? Both in dating and social situations. Come join us for a little fun before the opening ceremonies to brush up on your mixing and mingling skills and experience a little "table socializing" (similar to table dating!)

Kenny Koroll has been an NSA member since 2000 and was co-leader of the Naperville, IL Chapter before relocating to the St. Louis, MO area.

Cathy Olish lives in Ferndale, Michigan and works in Human Resources at Ford Motor Company. She has been a member of the NSA for over ten years, has facilitated over 15 workshops, currently is co-chapter leader for the Royal Oak NSA Chapter and for the Dearborn Kids/TWST Chapter. She also serves on the Board of Directors for the NSA as Special Projects and Volunteer Coordinator.

Anthony Romano is a long time member of the NSA, currently resides in New York and this will be his 7th conference.

Asterisk (*) represents CEU sessions

Thursday Adult Workshops (3:00 ~ 4:15 pm)

Open Microphone - Back by popular demand

Who: Paula Schwab
Where: Herberger 2
When: 03:00 PM to 04:15 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!

Paula is a long time member of the NSA and currently resides in Houston, Texas.



Thursday Night Opening Reception

Where: Herberger Ballroom
When: 6:30 PM to 11:30 PM

This evening promises to be full of fun and cheer as we celebrate the opening of NSA 2009 Annual Conference. Opening remarks from NSA Chairman Ernie Canadeo and NSA Executive Director, Tammy Flores are followed by presentation of NSA member awards including Youth of the Year and SLP of the Year. Next get ready to be entertained by Our Time Theatre Company comprised of young people that stutter who write, act, sing and direct a production that will display the NSA's message of unconditional acceptance. Enjoy light hors d'oeuvres this is not dinner and cash bar before you sing your heart out at KARAOKE, KARAOKE, KARAOKE!





Friday Adult Conference Schedule

Day at a glance	Adult Workshops (8:30 ~ 9:45 am)		
	Complete descriptions are provided on page 24-26.		
	<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
8:00 am ~ 5:00 pm NSA store is open	*Nobby Lewandowki	Building Self Confidence	Herberger 1
	Bodenhamer	To block or speak freely	Herberger 2
	*Lee/Nina Reeves	Stuttering 101	Herberger 5
8:00 am ~ 5:00 pm Silent Auction opens in the NSA Store	Al Thomas	Passing Twice: Gay, Lesbian, Bisexual....	Greenway A
	*Gunars Neiders	The Courage to Speak	Kirkland
	Jeff Olevson	Toastmasters	Rainmaker C
	*General Session 10:00 ~ 11:45 am		
8:30 am ~ 4:15 pm Adult Workshops	Herberger Ballroom—Keynote Speaker ~ McGraw Milhaven and others		
10:00 ~ 11:45 am General Session and Keynote Speaker	11:45 ~ 1:00 NSA is happy to offer you some inexpensive options for lunch. Head up to the Trailblazer (lobby level) and enjoy lunch with some of your new found friends. You can choose from assorted sandwiches \$5.50, Salads \$5.50, cookie \$2.00, brownies \$3.00, soda/water \$2.50		
11:45 am ~ 1:00 pm Lunch on your own	Adult Workshops (1:15 ~ 2:30 pm)		
	Complete descriptions are provided on page 28-30		
	<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
Tours begin leaving, proceed to the South Terrace located on the lobby level	*Snyder/Newton	Speech Easy ~ An Integrated approach	Herberger 1
	Boyce	Provack—Speaking w/finesse	Greenway A
	*Ghiselli	Rethinking Psychotherapy	Kirkland
	*Sisskin/Kovac	Self Help Strategies from Avoidance...	Herberger 2
	Steve Palmer	Open Microphone	Rainmaker A
Diamondback game 5:00pm (game starts at 6:40)	Extended workshops (1:15—4:00)		
	Reitzes/Jackson	Stuttertalk.com live podcast	Herberger 3
	*Dyer	Revive your inner spirit	Herberger 5
Frank Lloyd Wright 6:15pm	Adult Workshops (2:45 ~ 4:15 pm)		
	Complete descriptions are provided on page 31-32		
	<u>Facilitator</u>	<u>Workshop Title</u>	<u>Location</u>
Phoenix Zoo ~ 5:30	*Parry	Beating Stuttering Blocks	Kirkland
	*Eckardt	Avoid Avoiding—you make the difference	Rainmaker A
	*Wade	Coping with the Blues	Herberger 2
	*Uri/Phil Schneider	Living with Stuttering ~ a life time of change	Herberger 1
	Jay Jones	Dispelling the myths...succeeding & stuttering	Herberger 4
	Vicki Schutter	Open Microphone	Trailblazer
	Tours begin leaving the hotel at 5:00pm For information on a specific tour turn to page 33		

Asterisk (*) represents CEU sessions

Friday Adult Workshops (8:30 ~ 9:45 am)

*Building Self Confidence - Elevating Self Esteem

Who: Nobby Lewandowski
Where: Herberger 1
When: 08:30 AM to 09:45 AM

In his latest and most exciting talk yet, Building Self-Confidence, Nobby maps out a whole new set of directions for living life filled with greater confidence, self-esteem and success.

Nearly 85% of our population suffers from a lack of self-confidence and low self-esteem. That translates into 85% of the population who have talents, abilities and knowledge securely locked up and kept deep inside them -- all because they are plagued by self-doubt and low self-esteem. Nobby hands us the key! He shows us how to unlock that heavy self-imposed door which, before listening to him speak, felt as if it were totally impenetrable. Building Self-Confidence helps eliminate the struggle that comes from old, negative programming that is either dragging us down or holding us back by providing specific, productive new directions for our mind to follow. As Nobby says, "Negative thinking is like sitting in a rocking chair; it gives us something to do but you don't get anywhere." Audiences leave Nobby's talk with a new awareness of how they can lead happier, more outgoing, and more productive lives. They leave with a new understanding of self, a map for setting goals and the key to Building Self-Confidence.

About 60 years ago, young Norbert "Nobby" Lewandowski, money tucked safely in his pants pocket, skipped down to the local store to get some peanut butter. Once at the counter, he started fumbling. Not for money. For words. Then panic set in, Lewandowski started stuttering and words just wouldn't come out. "I ended up having a jelly and jelly sandwich," Lewandowski said. It was one of the last times the former minor league baseball player, high school football star, certified public accountant, developer, civic leader and nationally recognized motivational speaker had trouble communicating. Not that Lewandowski doesn't still stutter. He does. But he has absolutely no trouble communicating.

That's why, if you happen to be the one new person Lewandowski meets today, he asks but one thing. It is the same thing he asks of his audience early in each motivational speech: Listen to what I say, not the way I say it. "I'm 72 and healthy as a horse," Lewandowski said. "I don't believe in reincarnation. I'm here on this earth one time so I have one chance to make the best of it." "So what if I stutter."

To 'block' or to 'speak freely and fluently' – how do you do what when?

Who: Bobby Bodenhamer
Where: Herberger 2
When: 08:30 AM to 09:45 AM

Are you consistently fluent in some situations and do you block consistently in other situations? For example, are you consistently fluent when you are by yourself or speaking to your pet or to someone that you are comfortable around? Yet, when you speak to an authority figure or to a group or when on the phone etc. you consistently block? "How" does the brain know when to tell the body to block and "how" does the brain know when to tell the body to speak freely and fluently? In this workshop we will review the basic Neuro-Linguistic (NLP) and Neuro-Semantic (NS) approach to treating blocking & stuttering. Rather than trying to analyze and understand the "cause(s)" of stuttering, we approach that which "triggers" a person to stutter in the first place. Most PWS are consistently fluent in specific contexts and stutter in others. In Neuro-Semantics we firmly believe that that which determines when and how a person speaks is a process of cognition (thinking). We believe that it is the "meaning" that the PWS places upon the situation that determines which speaking strategy triggers.

Dr. Bodenhamer's under-graduate degree (BA) is from Appalachian State University in Boone, NC (1972). His major at Appalachian State University was Philosophy and Religion with a minor in Psychology. The Master of Divinity Degree included training in Pastoral Care with both classroom and clinical work. Dr. Bodenhamer received one unit of Clinical Pastoral Education from Wake Medical Center in Raleigh, N. C. while working on his doctorate. His marriage to Linda now spans 41 years.

Asterisk (*) represents CEU sessions

Friday Adult Workshops (8:30 ~ 9:45 am)

*Stuttering 101

Who: Lee & Nina Reeves
Where: Herberger 5
When: 08:30 AM to 09:45 AM

Many people who stutter have limited factual knowledge about the disorder of stuttering. This workshop is designed to provide basic information about the history and treatment of this ancient and often misunderstood condition. We will discuss facts and myths, concepts of current treatments and the basics of self-help/mutual aid. The workshop will be very valuable for first timers as well as veterans.

Dr. Lee Reeves is a graduate of the Texas A&M University - College of Veterinary Medicine and has been engaged in private practice for 35 years. Dr. Reeves is also an authority on stuttering, a disorder he has lived with since childhood. He has been actively involved in self-help/ mutual aid for those affected by stuttering for many years and is an author and international speaker on the subject. He has been recognized for his achievements by both the veterinary and speech-language pathology communities. Among his recognitions are the Distinguished Alumnus Award for Companion Animal Medicine from the Texas A&M College of Veterinary Medicine, the Charles Van Riper Award from the National Council on Communicative Disorders, the Distinguished Service Award from both the American Speech-Language Hearing Association and the Texas Speech and Hearing Association. Lee served as Chairman of the Board of Directors of the National Stuttering Association from 1997-2003 and was inducted into the NSA Hall of Fame.

Nina Reeves is a Speech-Language Pathologist and Board Recognized Fluency Specialist. She is a past NSA Board Member and Family Programs Director. Nina is currently a consultant to several school districts, a frequent continuing education speaker for speech-language pathologists, and a busy private practitioner. She co-authored a textbook on stuttering in school aged children and has authored or co-authored numerous articles and booklets. Nina received the Distinguished Alumni Award from Illinois State University and was NSA's SLP of the Year in 2005.

Passing Twice: Gay, Lesbian, Bisexual and Transgender Stutterers and their Allies

Who: AL Thomas & Beth Bienvenu
Where: Greenway A
When: 08:30 AM to 09:45 AM

This workshop will be an open discussion about the issues of identity for people who are stutterers and gay, lesbian, bisexual or transgender. In particular, we will discuss the issues common to stuttering and being a sexual minority: "passing," "coming out," and "hiding in the closet". While the discussion is about being a sexual minority and stuttering, it is open to everyone, regardless of sexual orientation. There are many parallels with "coming out" and "passing" as a person who stutters and/or being gay, lesbian, bisexual or transgender. We have much to learn from each other.

AL Thomas is from Lafayette, LA, has been a member of the NSA for the past seventeen years and a long time member of passing twice. Al is one of nine children and the only one stutters. He is currently Co-chapter leader of the Lafayette NSA chapter, which won chapter of the year for 2008. A bar and lounge owner in Carencro, LA, and currently pursuing a career as a real estate agent. Al has never let his stuttering slow him down.

Beth Bienvenu is a Policy Advisor for the U.S. Department of Labor's Office of Disability Employment Policy, where she focuses on policy issues related to the employment of people with disabilities. Her experiences with the NSA and her work in disability employment have taught her that disabilities don't have to limit our options in the workplace and can actually be an asset to employers. She has been member of NSA for 3 years and is a member of the Rockville, Maryland chapter.

* Asterisk represents CEU sessions

Friday Adult Workshops (8:30 ~ 9:45 am)

*The Courage to Speak: Taking the Fear out Of Communication

Who: Gunars Neiders
Where: Kirkland
When: 08:30 AM to 09:45 AM

The workshop will be based on my dissertation for my doctor's degree in psychology. The workshop will explain and demonstrate how we can gain the courage to speak even when we do not have perfect speech. This is based on modern psychological discoveries that show there is an interaction between beliefs, feelings, and behavior. By systematically changing our self-talk, we can change our feelings and, as a consequence, feel enough courage to speak up in most situations. With practice, and as we grow more confident, we take more chances which, in turn, makes us even more confident.

There is documented evidence that this approach minimizes embarrassment, shame, guilt, and anxiety about speaking and leads to smoother, forward-moving speech. The workshop will provide time to practice what we learn right there and then.

Handouts will be provided summarizing (1) how to change self-defeating self-talk into self-enhancing self-talk; (2) exercises performed during the workshop; (3) how to carry out a personalized self-examination; and (4) self-assigned work to be done during the NSA convention and afterward when returning to every day life.

The presenter will provide an opportunity for participants to correspond with him and other participants, via the internet, after the NSA convention. Gunars has previously presented at NSA conferences, Speech Easy of Canada conference and twice presented at the ISAD online conference. His dissertation deals with psychological aspects of stuttering/stuttering therapy.

Toastmaster Demo Meeting

Who: Jeff Olevson
Where: Rainmaker C
When: 08:30 AM to 09:45 AM

General information as well as some history about the toastmasters organization will be explained and in the latter half of the workshop, we will conduct a demo of a toastmasters meeting. It will be a mock meeting with speakers, evaluators, a jokemaster, etc. If you don't know what goes on during a toastmasters meeting, this is a great opportunity to experience what one is like. At the very end of the workshop, I will open it up to Q & A. People can ask any questions they have about toastmasters or about toastmasters meetings.

Jeff is the chapter leader of the San Jose chapter. He works full time for Applied Technology, a weather routing company for ships at sea.

* Asterisk represents CEU sessions



*Friday General Session 10:00 ~ 11:45 AM

~ Herberger 3, A, B ~

NSA Chairman, Ernie Canadeo, Keynote Speaker McGraw Milhaven and others

NSA's chairman, Ernie Canadeo will be giving an important presentation regarding the NSA's role in the stuttering community and its future direction. Several awards will be presented including the NSA Hall of Fame, Member of the Year, and Conference Dedication.

Stuttering since he began talking, McGraw Milhaven hasn't let that stop him. After five years of sports talk and news talk at KFAB in Omaha, McGraw Milhaven moved to St Louis and joined "The Voice of St Louis" KMOX. Shortly after leaving KMOX, Milhaven moved across town to the Big 550 KTRS.

Over the seven years in St Louis, his work with area charities and his nationally recognized talk talents have established McGraw Milhaven as a household name from the halls of the White House to kitchen tables all over the region.

He's interviewed everybody, and whether it's the news of the day, sports, entertainment, a dead opossum on his front yard, or missing a ceremonial first pitch due to oversleeping, Milhaven will have you at any given time, laughing, crying, screaming, wondering, and sometimes pondering, "Who in the world hired this guy?"

Talkers Magazine has named him one of the country's best talk show hosts, and the Missouri Senate has honored him for his exceptional amounts of time and energy bettering the lives of Missouri citizens. In 2006, The Riverfront Times named Milhaven the best AM personality in St Louis. In 2007, Alive Magazine came out with its "Hot List issue 130 things we love about St Louis" and named Milhaven the best talk show.

Milhaven's accomplishments are as lengthy as they are diverse, from broadcasting on the White House lawn, to being an embedded reporter with full access to the St. Louis Cardinals, from Super Bowls and Olympics, to air-to-air refueling missions on KC-135s with the Missouri National Guard, Milhaven not only tells the story, but brings you along for the experience. His trademark laugh, and vast knowledge of both history and current events keeps the audience on edge of their seats, and has them talking long after his show has ended.

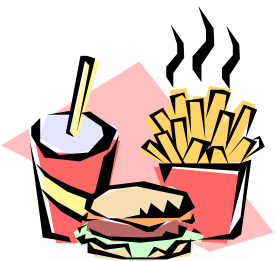
On any given day, you can find him in the last row at "The Munny", behind the stage at "The Fox", eating a "McGraw" Concrete at Ted Drewes, keeping score at a Cardinals game, tailgating before a Rams game, running around Tower Grove Park, playing golf at WingHaven or Forest Park, or raising money for his favorite charities.

Milhaven can be seen on television as well. He hosted the Emmy nominated show, "Get Hooked on Health" and each night you can see him holding his own on Charter Communication's "Chalk Talk".

He makes it a point to tell people he was not spoiled growing up with five sisters and cousin in a small town on Long Island, but they might tell you a different story. He graduated from the University of Nebraska-Lincoln and earned three varsity letters in baseball.

11:45 ~ 1:00pm ~ Lunch on your own

NSA is happy to offer you some inexpensive options for lunch. Head up to the Trailblazer (lobby level) and enjoy lunch with some of your new found friends. You can choose from assorted sandwiches \$5.50, Salads \$5.50, cookie \$2.00, brownies \$3.00, soda/water \$2.50



Asterisk (*) represents CEU sessions

Friday Adult Workshops (1:15 ~ 2:30 pm)

*SpeechEasy ~ An Integrated Approach to Stuttering Management

Who: Alan Newton & Amber Snyder

Where: Herberger 1

When: 01:15 PM to 02:30 PM

SpeechEasy is an advanced treatment tool that can help provide fluency to most people who stutter. This session will demonstrate the device and the client evaluation process. Published and ongoing research regarding SpeechEasy will be presented as well. The integrated approach which pairs traditional therapy with SpeechEasy will be discussed and outlined by reviewing the newly released workbook. As part of the presentation, video footage will be used to illustrate the effect the device.

Alan Newton joined Janus Development Group in October, 2002, and currently serves as the company's President. He is responsible for managing all operations of the company for both domestic and international needs. For the past 7 years, Alan has been involved in all facets of SpeechEasy's sales, service, distribution, and marketing efforts – as well as the company leader for the development, manufacture, and continuing improvement of the product.

Amber Snyder is a Speech Language Pathologist (SLP) with clinical experience in fluency disorders. For the past 8 years, she has worked with SpeechEasy in many facets including provider, trainer, wholesaler and currently serves as the Clinical Services Manager.

PROVACK - A 12 Step to Speaking with Finesse Program

Who: Aaron Boyce

Where: Greenway A

When: 01:15 PM to 02:30 PM

This workshop will teach you techniques on being a stronger, more confident you in business, school, friendships, or family. This workshop will give you the POWER to do, be, and say whatever you want when you want.

Aaron Boyce, founder of ABworkshops, national columnist for examiner.com, and author of four publications, including "Seize the Opportunity ...and other marketing strategies", travels across the country sharing his message of success through self-motivation and self-awareness. A stutterer since the age of nine, Aaron has overcome the pain of rejection, humiliation, and self-loathing to become a powerful, motivational, and dynamic speaker. His message, successful people make life happen for them; they don't let life happen to them, has informed, inspired, and entertained thousands of motivated people nationwide.

*Rethinking Psychotherapy for People who Stutter

Who: Nina Ghiselli

Where: Kirkland

When: 01:15 PM to 02:30 PM

People who Stutter have had a bumpy relationship with the field of psychology. Many theories in psychology have pathologized and mistreated us. This workshop will explore this history and present Disability Affirmative Therapy as a tool in counseling people who stutter. Whether you are a Person who Stutters, a parent or professional, this workshop will help to understand possible goals in psychotherapy and how to bring these up to a therapist one might be seeing.

Nina Ghiselli, Psy.D. is a clinical psychologist in private practice and the Director of Disability Services for Alliant International University. She teaches classes at Alliant International University, UC Berkeley Extension, and Argosy University. She identifies as a Person who Stutters with Learning Disabilities. You can learn more about Dr. Ghiselli at www.drninag.com

Asterisk (*) represents CEU sessions

Friday Adult Workshops (1:15 ~ 2:30pm)

*Self-Help Strategies from Avoidance Reduction Therapy Choices that Lead to Comfortable Communication

Who: Karyn Yellin Kovacs & Vivian Sisskin
Where: Herberger 2
When: 01:15 PM to 02:30 PM

Join speech-language pathologists Vivian Sisskin and Karyn Yellin Kovacs for this fun, informative, and interactive workshop to help teens and adults make choices that lead to comfortable, avoidance-free speech. A panel of people who stutter will share experiences and demonstrate activities/assignments that lead to spontaneous communication, free of control. Workshop participants will begin exploring their stuttering pattern and their potential for change.

- Be free of the “mental gymnastics” that limit participation in daily communication.
- Identify learned reactive behaviors that lead to struggle and tension.
- Discover how efforts toward fluent speech can actually be triggering fluency failure.
- Make choices that lead to efficient communication rather than habit-based struggle.

“You are a walking museum of the things you have tried to conceal your identity as a person who stutters”... Joseph and Vivian Sheehan, pioneers of avoidance reduction therapy for stuttering, will be remembered through quotes and analogies that trace the roots of the treatment philosophy.

Karyn Yellin Kovacs, M.A., CCC-SLP Karyn Yellin Kovacs is a speech-language pathologist and a person who stutters. She currently works in a preschool setting in Maryland with children with severe developmental disabilities, and with children who stutter in private practice. Karyn's clinical interests include stuttering and autism. She has been a member of the NSA since 2006.

Vivian Sisskin is a clinical instructor in the department of Hearing and Speech Sciences at the University of Maryland. The University's College of Behavioral and Social Sciences recognized her with the 2008 Excellence in Teaching Award. She is an ASHA Board Recognized Specialist in Fluency Disorders and served as Coordinator for ASHA's Special Interest Division 4, Fluency and Fluency Disorders. Her clinical interests include fluency disorders and communication in autism spectrum disorders. Her publications and workshops focus on the treatment of stuttering, non-stuttering disfluency, and strategies for effective group therapy. Vivian is a private practitioner in the Washington D.C. area.

Open Microphone - Back by popular demand

Who: Steve Palmer
Where: Rainmaker A
When: 01:15 PM to 02:30 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!

Steve Palmer is from Michigan and this will be second conference.

Asterisk (*) represents CEU sessions

Friday Adult Extended Workshops (1:15 ~ 4:00pm)

StutterTalk.com Live Podcast with Audience Participation

Who: Eric Jackson & Peter Reitzes Where: Herberger 3

StutterTalk is a free audio podcast featuring discussions about stuttering. We are quickly approaching our 100th show. A podcast is similar to an archived radio show and is accessed via the Internet. StutterTalk episodes may be heard by going to www.StutterTalk.com and by listening to broadcasts with the streaming audio player or by downloading episodes. Listeners may also click on the link to iTunes and listen via this free subscription service. StutterTalk episodes may be stored and played on computers and on portable media players such as iPods and cell phones. Past StutterTalk episodes have featured numerous NSA members.

StutterTalk is very excited to announce that we are facilitating a workshop at the 2009 annual NSA conference in Scottsdale, Arizona. This workshop will be recorded and published as one or more StutterTalk episodes, and will include audience participation and be open to the entire NSA convention. Peter Reitzes and Eric Jackson from StutterTalk will be joined by Pam Mertz, Joel Korte and Sam Gennuso for a round table discussion in which we discuss a range of stuttering topics. Russ Hicks will be the audience moderator and will bring audience members into the conversation.

Audience members will be encouraged to comment on the discussion and to introduce their own topics and questions. In addition, StutterTalk will be using a suite to record numerous episodes with a wide range of guests. For example, we would like to speak with teens who stutter, children who stutter, fathers and mothers of children who stutter, workshop presenters, members of the NSA board, parents who stutter who also have a child who stutters, speech therapists and many others.

Eric Jackson is a person who stutters and a graduate student in the Speech-Language Pathology program at Brooklyn College in New York. As a graduate teaching fellow in that program, he teaches an undergraduate public speaking class. Eric co-hosts the StutterTalk.com and Stuttering101.com podcasts. Eric is 30 years old, and is a musician in two Brooklyn-based bands.

Peter Reitzes is an adult who stutters, co-host with Eric Jackson of the StutterTalk.com and Stuttering101.com podcasts, an SLP in a public school and private practice, and adjunct professor at Long Island University, co-editor of The Journal of Stuttering Therapy and author of numerous stuttering publications.

*Revive your inner Spirit ~ A Session for Tired, Worn-Out Discouraged People

Who: Erin Dyer Where: Herberger 5

Revive Your Inner Spirit - Are you tired? Feeling blue? Can't wait until the economy thrives again? Well, you've come to the right place! Our presenter will remind you of what you can do to help yourself every single day of the week (and that includes weekends!) Forever the optimist, Erin will provide you with some of the best tonic available to humankind - and it's alcohol and sugar free! Come listen. Relax. Soak in the humor and insight as well as the ideas that will "perk you up" as you remember to live in the day and tap into your own resilient spirit during these tough times! Humorous. Intense. Optimistic. Insightful. Fun. Serious. Playful. A popsicle fiend. A chocoholic. Good friend. Empathetic. Enjoyable. Silly. Imaginative.

Erin hails from the Philadelphia area but has lived more years in Wisconsin. She has 31 years under her belt as a SLP. The majority of Erin's experience has centered around her work with children and their families in the small village of Belleville, WI. Although Erin has given many educational presentations, the ones she really enjoys doing are the Motivational Speeches. In fact, one year the WSHA-P organization told her that she could give her next motivational speech out in the parking lot since she is somewhat loud and gregarious!

Asterisk (*) represents CEU sessions

Friday Adult Workshops (2:45 ~ 4:15pm)

*Beating Stuttering Blocks

Who: Bill Parry
Where: Kirkland
When: 02:45 PM to 04:15 PM

This workshop will demonstrate the physiological mechanism behind stuttering blocks, which cause excessively forceful closures of the mouth or larynx and interference with phonation. It will teach some simple but effective strategies for releasing and avoiding such blockages by relaxing the body's Valsalva mechanism.

Bill Parry is both a trial lawyer and a speech-language pathologist. He is currently engaged in a clinical fellowship after receiving his Master's degree and Speech-Language-Hearing from Temple University. He is a former member of the National Stuttering Association's Board of Directors (on which he served for six years) and former Chair of its Advocacy Committee. He founded the Philadelphia Area Chapter of the NSA, which he led for 15 years. His book, *Understanding and Controlling Stuttering: A Comprehensive New Approach Based on the Valsalva Hypothesis*, has become the NSA's best-selling book, as well as the best-selling book about stuttering on Amazon.com, and has been translated into Korean by the South Korean Speech and Hearing Association.

* You make the Difference ~ AVOID AVOIDING

Who: Judith Eckardt
Where: Rainmaker A
When: 02:45 PM to 04:15 PM

Elimination of avoidance behaviors by PWS is one of the primary goals in the treatment of secondary stuttering. The Subjective Stuttering Scale was developed many years ago by Jeanna Riley, PhD. This scale will be presented and discussed by the participating SLPs and PWS and each person will rate themselves. A discussion will be opened for SLPs and PWS on "How can we work at Avoid Avoiding?"; "What have you done?"; "What are your ideas?"; "What have been the results of elimination of avoidance behaviors?"; "Have your communication abilities become more effective?"

Judith Eckardt is a licensed certified speech-language pathologist who specializes in fluency. She is a Board Recognized Fluency Specialist in ASHA and now resides in Tucson, AZ. She continues to do therapy/consultation and workshops for stuttering, recently completed a six year term as Secretary of the ISA (International Stuttering Association), and is the facilitator for the NSA Tucson Chapter. Judith has obtained her CTM in Toastmasters and her motto for herself and other people who stutter is YOU CAN DO IT. This refers to being able to communicate effectively---even with some stuttering.

*Coping with the Blues

Who: John Wade
Where: Herberger 2
When: 02:45 PM to 04:15 PM

Many of us feel down from time to time. Although at times life's challenges can be difficult, we can learn how to influence how we feel. This focus of this workshop will be to gain a better understanding of depression, learn strategies for effectively managing our negative emotions, and to learn from each other and gain support from fellow NSA members.

John Wade, Ph.D. is a licensed psychologist at the University of Kansas. He has been active in the NSA for over 20 years and is a former NSA board member. He has presented at numerous NSA conventions, and has published articles and book chapters on several topics, including stuttering, positive psychology, stress management, group therapy, and perfectionism. He is currently co-editing a book entitled, "Applying Positive Psychology to the University Campus."

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Friday Adult Workshops (2:45 ~ 4:15pm)

*Living with Stuttering: A life time of Change

Who: Uri & Phillip Schneider
Where: Herberger 1
When: 02:45 PM to 04:15 PM

This theoretical and philosophical presentation about human growth and development will include longitudinal, video documented studies of PWS as they transition from childhood to adolescence and from adolescence into adulthood. We will discuss how their needs, abilities, desires, and struggles change as they matured from one stage of life to the next. The underlying points relate to optimism and surprise.

Phil Schneider, Ed.D. CCC-SLP is Associate Professor Emeritus of Communication Disorders at Queens College and in private practice for 35 years. Phil has received the highest Honors of the New York State Speech-Language-Hearing Association and its Distinguished Clinician Award. In 2004 he was named the Speech Pathologist of the Year by the National Stuttering Association. He has presented more than 200 inspirational and informative seminars nationally and internationally and has appeared on NBC, ABC and WOR TV. His documentary, "Transcending Stuttering — The Inside Story" aired on PBS Channel 13 in 2004.

Uri Schneider, M.A. CCC-SLP is a partner in Schneider Speech Pathology (a private practice with offices in Nassau, Queens and the Bronx, NY), and he is a faculty member at The Summit School of Queens. He specializes in stuttering, voice, language/learning and public speaking, working with both children and adults. Uri has also worked in corporate media training at Virgil Scudder & Associates, and serves on the Health Advisory Committee of Worldwide B'Above Headstart. He is recognized as a dynamic lecturer, who has presented locally and nationwide, most recently for ASHA, NYSSLHA, LISHA, the Special Interest Division 4 Conference, and the National Stuttering Association. Uri enjoys the outdoors, playing basketball and biking. Uri lives in Queens with his wife and two sons.

Dispelling the myths and addressing the fears about succeeding with a stutter

Who: Jay Jones-Doyle
Where: Herberger 4
When: 02:45 PM to 04:15 PM

My presentation aims to dispel the fears which plague many parents regarding their child's social, academic, and professional opportunities. Through interactive discussion I hope to address these concerns and show parents and stutterers alike why they need not be as worried, and that life really is 1/10th what happens to you and 9/10ths what you do about it.

Jay is currently pursuing a Masters of Science in Marketing (specialized in New Product Development) from the John Molson School of Business in Montreal, a father of a five year old, a championship-winning junior hockey coach, a web designer, and quite the social butterfly... and I stutter too. Oh, almost forgot... I also have cerebral palsy :)

Open Microphone - Back by popular demand

Who: Vicki Schutter
Where: Trailblazer
When: 02:45 PM to 04:15 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!

Asterisk (*) represents CEU sessions

Friday Night Tours

ALL BUSES DEPART AT THE SOUTH TERRACE LOCATED ON THE MAIN LEVEL

Friday — Starry Night Safari at Phoenix Zoo—Get Out of the Heat and into the Wild! Cool Friday night fun for the whole family including water slides; Wild About Animals show; Zoo rides including the Safari Train, camel and the Endangered Species Carousel. Viewing opportunities outside of the Arizona Trail include: giraffe, Watusi, zebra, Monkey Village, orangutan exhibit, flamingo and the otters. \$15 per person/\$8 per child. Bus will leave at 5:30



Friday — Night Lights on the Desert ~



On this twilight tour you'll have the unusual opportunity to view Frank Lloyd Wright's desert masterpiece in a nighttime setting. In the evening the site assumes a luminous, jewel-like quality. The desert masonry structures lighted from within appear as sculptures, the fire-breathing dragon is lit, and the lights from the valley below create a dramatic, romantic setting. The tour includes everything on the Insights Tour plus light refreshments. As Taliesin West is set high above the valley, sunset provides an entirely new perspective as the stone structures take on an artistic quality and the shimmering lights from the city below dance dreamily across the pavilions and patios that surround the buildings. Bus leaves at 6:15 - \$52.00 per person (limited to 30 people)

Friday — Diamondbacks vs. Florida Marlins

Check out the Arizona Diamondbacks as they go up against the Florida Marlins. For those hot summer games, Chase Field is air conditioned and cools the ballpark in less time than most systems, which allows for the roof to remain open longer during the day time. In nearly a quarter mile of concession stand area, fans can order nearly any kind of food imaginable. In addition to standard ballpark fare offered at many stands, fans can order from Peter Piper Pizza, Blimpie's Subs, Garcia's Mexican food, Panda Express Chinese cuisine and more. One of the more unique stands is Big Dawgs, where fans can order grilled foot-long hot dogs topped with all sorts of items, such as French fries, chili and cole slaw Transportation included. 6:40 game—Section 108, Bullpen reserve
****Bus will leave hotel at 5:00 to give you plenty of time to walk around and return when game ends. \$30.00



Friday — Grab a group of friends (sign up sheet located at registration table) and take a short walk over to Kierland Commons, where you will find everything you can imagine. If you're hungry you have many options - Morton's Steakhouse, PF Changs, Tommy Bahamas, The Green House, Sushi, Cheesecake Factory, Bobby's (Italian) restaurant and jazz Lounge, then to satisfy your sweet tooth check out Cold Stone Creamery or Starbucks. If you are in the mood for the bar scene O Bar is the local hot spot. Or you could head back to the Westin and mingle with your NSA friends. This is the perfect choice for anyone who doesn't want a guided tour and it's a great way to enjoy the local sights and sounds. FREE





Saturday Adult Conference Schedule

<p>Day at a glance</p> <p>8:00 am ~ 3:00 pm NSA store is open</p> <p>8:00 am ~ Silent Auction opens in the NSA Store</p> <p>8:30 am - 4:00 pm Adult Workshops</p> <p>10:00 ~ 11:45 am General Session and Keynote Speaker</p> <p>11:45am ~1:00 pm Lunch on your own</p> <p>1:00pm—Silent auction closes</p> <p>1:15 ~ 4:00 pm <u>Must pick up</u> <u>Silent Auction items</u></p> <p>4:15 ~ 5:00 pm Closing Ceremony</p> <p>6:30 ~ 7:00 pm Evening Reception (Cocktails in Foyer)</p> <p>7:00 ~ 1:00 am Banquet/Live Charity Auction</p>	<p style="text-align: center;">Adult Workshops (8:30 ~ 9:45 am)</p> <p>Complete descriptions are provided on page 35-36</p> <table border="1"> <thead> <tr> <th>Facilitator</th> <th>Workshop Title</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>*Robin Timmerman</td> <td>Experience normal Speech</td> <td>Greenway A</td> </tr> <tr> <td>*Bill Parry</td> <td>Fighting Discrimination under the ADA</td> <td>Herberger 3</td> </tr> <tr> <td>*Will Ross</td> <td>Stuttering & Unconditional Acceptance</td> <td>Rainmaker A</td> </tr> <tr> <td>Robin Sullivan</td> <td>Somatic Stuttering</td> <td>Herberger 2</td> </tr> <tr> <td>Stephanie Pace</td> <td>Stuttering in a High-Tech World</td> <td>Herberger 4</td> </tr> <tr> <td>*Robert Demers</td> <td>From Stuttering to Success</td> <td>Herberger 1</td> </tr> </tbody> </table> <p style="text-align: center;">General Session 10:00 ~ 11:45 am (Herberger 3) Keynote Speaker: Gary Teitjen & others</p> <p style="text-align: center;">11:45 ~ 1:00pm Lunch on your own</p> <p style="text-align: center;">Adult Workshops (1:15 ~2:30 pm)</p> <p>Complete descriptions are provided on page 38-40</p> <table border="1"> <thead> <tr> <th>Facilitator</th> <th>Workshop Title</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>*John Wade</td> <td>Applying Positive Psychology to your speech</td> <td>Herberger 1</td> </tr> <tr> <td>Doug Austin</td> <td>Stuttering Actors Workshop</td> <td>Rainmaker A</td> </tr> <tr> <td>Jeremy Cohen</td> <td>Stuttering and getting a date</td> <td>Herberger 4</td> </tr> <tr> <td>*Beth Beinvenu</td> <td>Tips for landing (and Keeping) the job you want</td> <td>Herberger 5</td> </tr> <tr> <td>*Robin Timmerman</td> <td>There are no words/letters in speech</td> <td>Kirkland</td> </tr> <tr> <td>*Cathy Olish</td> <td>Covert Stuttering—Exposed</td> <td>Herberger 3</td> </tr> </tbody> </table> <p style="text-align: center;">Adult Workshops (2:45 ~ 4:00 pm)</p> <p>Complete descriptions are provided on page 41-42</p> <table border="1"> <thead> <tr> <th>Facilitator</th> <th>Workshop Title</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>*Gerald Maguire</td> <td>Update on the Use of Medications</td> <td>Herberger 3</td> </tr> <tr> <td>*Pam Mertz</td> <td>Pushing Past the Fear</td> <td>Herberger 4</td> </tr> <tr> <td>Al Thomas</td> <td>Open Microphone</td> <td>Herberger 2</td> </tr> <tr> <td>*Kathy Filer</td> <td>What happened? The first time you stuttered</td> <td>Kirkland</td> </tr> <tr> <td>Nina Ghiselli</td> <td>Storytelling to establish....culture</td> <td>Herberger 5</td> </tr> </tbody> </table> <p style="text-align: center;">Closing Ceremony 4:15 ~ 5:00pm Herberger Ballroom</p> <p style="text-align: center;">Dinner/Banquet/Live Charity Auction ~ Keirland 2 (lobby level) 6:30pm—Evening Reception (cocktails in foyer) 7:00pm Banquet (doors open)</p> <p style="text-align: center;">Asterisk (*) represents CEU sessions</p>	Facilitator	Workshop Title	Location	*Robin Timmerman	Experience normal Speech	Greenway A	*Bill Parry	Fighting Discrimination under the ADA	Herberger 3	*Will Ross	Stuttering & Unconditional Acceptance	Rainmaker A	Robin Sullivan	Somatic Stuttering	Herberger 2	Stephanie Pace	Stuttering in a High-Tech World	Herberger 4	*Robert Demers	From Stuttering to Success	Herberger 1	Facilitator	Workshop Title	Location	*John Wade	Applying Positive Psychology to your speech	Herberger 1	Doug Austin	Stuttering Actors Workshop	Rainmaker A	Jeremy Cohen	Stuttering and getting a date	Herberger 4	*Beth Beinvenu	Tips for landing (and Keeping) the job you want	Herberger 5	*Robin Timmerman	There are no words/letters in speech	Kirkland	*Cathy Olish	Covert Stuttering—Exposed	Herberger 3	Facilitator	Workshop Title	Location	*Gerald Maguire	Update on the Use of Medications	Herberger 3	*Pam Mertz	Pushing Past the Fear	Herberger 4	Al Thomas	Open Microphone	Herberger 2	*Kathy Filer	What happened? The first time you stuttered	Kirkland	Nina Ghiselli	Storytelling to establish....culture	Herberger 5
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Saturday Adult Workshops (8:30 ~ 9:45 am)

*Experience normal speech! Successful stuttering therapy from the Netherlands

Who: Robin Timmerman
Where: Greenway A
When: 08:30 AM to 09:45 AM

This workshop is all about participating. During the time of this workshop we will go through the process of generating normal, natural speech just like all non-stutterers. We all started speaking this way when we were very young, but somehow we went off track and started to stutter. This workshop is about bringing back the natural speech that we all have in us. Experience natural, normal speech during this session. Both non-natural (stuttering) speakers as well as natural speakers can and should participate.

Robin Timmerman of the Hausdörfer-institute for Natural Speech in Calgary, Canada, is a subject matter expert having stuttered himself until adulthood. He partners with the successful Hausdörfer-institute in The Netherlands offering stuttering therapy for adults, adolescents and children in North America (www.hausdorfer.com).

*Fighting Discrimination under the New, Improved ADA

Who: Bill Parry
Where: Herberger 3, A, B
When: 08:30 AM to 09:45 AM

Employment discrimination can be a serious problem for persons who stutter. Unfortunately, the relief promised by the Americans with Disabilities Act of 1990 was hobbled by a series of U.S. Supreme Court decisions that severely limited the definition of who was “disabled” and entitled to protection. This workshop will discuss recent amendments to the ADA, which removed those roadblocks and will allow discrimination cases to be decided on their merits. Other strategies to deal with employment discrimination will also be discussed.

Bill Parry is both a trial lawyer and a speech-language pathologist. He is currently engaged in a clinical fellowship after receiving his Master’s degree and Speech-Language-Hearing from Temple University. He is a former member of the National Stuttering Association’s Board of Directors and former Chair of its Advocacy Committee. He founded the Philadelphia Area Chapter of the NSA, which he led for 15 years. His book, *Understanding and Controlling Stuttering: A Comprehensive New Approach Based on the Valsalva Hypothesis*, has become the NSA’s best-selling book, as well as the best-selling book about stuttering on Amazon.com.

*Hold your head up High: Stuttering and Unconditional Self-Acceptance

Who: Will Ross
Where: Rainmaker A
When: 08:30 AM to 09:45 AM

This workshop will focus on the interaction between your beliefs, feelings, and actions. You’ll discover how a change in one of these can bring about a significant change in the other two. The presentation will place strong emphasis on the REBT concept of unconditional self-acceptance and show you how an accepting, non-condemnatory attitude towards yourself can dramatically reduce undesirable feelings such as shame and embarrassment. With your head held up high, you’ll find yourself doing things you’ve always avoided in the past (e.g., using a telephone, speaking up at business and social events, etc.). We’ll have exercises and clear explanations that show you how to use compassionate self-questioning to enhance your self-acceptance and live your life to the fullest.

Will is the cofounder of the Rational Emotive Behavior Therapy (REBT) network. He has been active in voluntary situations teaching the application of REBT in the area of parenting, relationship-management, stress management and self acceptance.

Asterisk (*) represents CEU sessions

Saturday Adult Workshops (8:30 ~ 9:45 am)

Somatic Stuttering

Who: Robin Sullivan
Where: Herberger 2
When: 08:30 AM to 09:45 AM

Do you have an awareness of your body when you talk? Come learn about Sensation Reintegration, and how to communicate with your nervous system!

Robin Sullivan is a Rehabilitation Counselor, Bodywork Practitioner and PWS. She has worked with persons with a variety of disabilities for 20 years and part-time as a massage therapist in the last decade, exploring Bodymind connections. In addition to her personal journey with sound, breath and movement work, she has trained in Somatic Trauma Resolution, and is currently studying Somatic Experiencing.

Stuttering in a High-Tech World: Online Social Networks, Virtual Reality, and Neuroscience Research

Who: Stephanie Pace
Where: Herberger 4
When: 08:30 AM to 09:45 AM

The definition of networking is "a supportive system of sharing information and services among individuals and groups having a common interest." The purpose of this workshop will be to investigate the pros and cons of using online social utilities, such as Facebook, MySpace, Xanga, Twitter, LinkedIn, etc. as a PWS, versus real space or face-to-face interactions, by measuring the gains and losses among comfortability, efficiency, productivity, self-esteem, environmental control, intimacy, ideals for friendship and other types of relationships, and safety/security. We will continue to create arguments as to whether there is a shared conception of online networking as truly more beneficial to PWS and others with speech impediments or social anxiety versus individuals who do not stutter nor appear to have any physical or personal impediments, and discuss why and how such a phenomenal development could occur. Also, we will formulate plans for better networking techniques, whether it be for business, familial, social or personal interactions, as PWS.

Stephanie spearheaded Everett Chapter within the Washington State NSA region. A UC Berkeley alum with a post-baccalaureate degree in Speech and Hearing Sciences from UW-Seattle. Currently a student researcher at the Institute for Learning and Brain Sciences' Language Neuroimaging Lab and Speech Research Lab, and an Applied Behavioral Analysis Therapist with the Families for Effective Autism Treatment of Washington and the Organization for Research and Learning. Will be applying for a Ph.D. in Speech-Language Pathology within the next year.

*From Stuttering To Success

Who: Robert Demers
Where: Herberger 1
When: 08:30 AM to 09:45 AM

The workshop will touch topics all of us have dealt with like talking on the phone, ordering at a restaurant reading in front of a class. It will tell of the many struggles that I have had and how I have approached them. It will teach individuals to be more self confidence in themselves and to go out and achieve the impossible. DVDs and handouts will be part of the program.

Robert Demers, has an A.A. degree in Political Science from FCCJ of Jacksonville, FL, a B.A. degree in Political Science from Stetson University, and a M.P.A. degree from University of North Florida. Robert has been employed with the State Attorney's Office in Jacksonville, FL for over 23 years. Robert has been married to his wife Gayvone for the past 11 years and received custody of his twin 14 year old children, boy and a girl, in 2006. Robert shares his story to others in hope of encouraging others to achieve the impossible dream and not let their stuttering hinder them in life.

Asterisk (*) represents CEU sessions

*Saturday General Session

Who: Gary Teitjen and others
What: Keynote Speaker and More!
Where: Herberger Ballroom
When: 10:00 AM to 11:45 AM

The Pursuit of Passion

Gary Tietjen has been motivating and educating audiences for over a decade. He has a vast background including over 30 years in cable and radio advertising sales and management. He's been a radio on-air personality, a copywriter, a producer...and he's worked retail.

Gary has conducted many high impact trainings on various topics for management, sales executives and TV producers. He has planned national meetings, workshops and seminars. Gary has participated on various committees ranging from technology to sales strategies.

Gary's talks are informative, fast paced and humorous. His overall goal is to make you think, embrace change...not runaway from it, focus on your success and come away a better person. From leadership to motivation, Gary will always deliver a message with professionalism and passion. In fact, Gary knows that if you unlock your inner passion you'll reveal your true success!

Gary, his four children and wife, Terry, live on Long Island. He's been involved with The Boy Scouts of America where he has served in many leadership posts and is the proud father of two Eagle Scouts. Gary is an active member of National Speakers Association works with his daughter Kelly in Community Theater.

11:45 ~ 1:00 Lunch on your own



Silent Auction closes at 1:00 (you must pick your winning items up by 4:00)
If you were bidding on any of the items please head to the NSA store to see if you were the lucky winner.

Asterisk (*) represents CEU sessions

Saturday Adult Workshops (1:15 ~ 2:30pm)

*Applying Positive Psychology to Your Speech and Your Life

Who: John Wade
Where: Herberger 1
When: 01:15 PM to 02:30 PM

We have probably all had experience trying to make changes, but found that trying to “fix what is broken” is no easy task. Recent research in the newly emerging field of positive psychology has identified that working from strengths, rather than trying to improve deficits, is much more likely to bring about positive change. This is one of several findings of positive psychology that will be discussed in the workshop. A general overview of positive psychology along with specific research findings with particular relevance to stuttering will be presented, with interaction and discussion about how to apply these principles to stuttering and life in general.

John Wade, Ph.D. is a licensed psychologist at the University of Kansas. He has been active in the NSA for over 20 years and is a former NSA board member. He has presented at numerous NSA conventions, and has published articles and book chapters on several topics, including stuttering, positive psychology, stress management, group therapy, and perfectionism. He is currently co-editing a book entitled, “Applying Positive Psychology to the University Campus.”

A Stuttering Actors Workshop

Who: Doug Austin, Ron Mitchell, Sharon Feldman & Bob Spradley
Where: Rainmaker A
When: 01:15 PM to 02:30 PM

This workshop will explore through improvisational classroom theatre the theory that acting may diminish some stuttering.

Doug Austin, member of the Riverside chapter and has co-produced and performed three original plays and directs and performs in an annual Dicken's Festival with focus on children's reading projects.

Ron Mitchell is the previous Treasurer of the NSA, Chapter Leader of the Riverside group. He has been helped greatly by self-esteem and attitude adjustments.

Sharon Feldman, M.S. CCC-SLP is the co-leader of the Riverside Chapter. She is a Speech Language Pathologist who is Board recognized as a stuttering specialist. She is also a person who stutters.

Bob Spradley has over half a century experience as a person who stutters. Fifteen years experience assisting speech therapists in family workshops and informal studies in the causes and effects of stuttering.

Stuttering and Getting a Date: Creating the Social Life that You've Always Wanted

Who: Jeremy Cohen & David Steiner
Where: Herberger 4
When: 01:15 PM to 02:30 PM

Social opportunity presents itself to us everyday. This seminar will discuss ways to create even more possibility - both in the types of people that we meet, and in the types of connections that we form. We will share techniques for meeting people, and specifically for getting a date (or two). How do we use our stutter to our advantage? How do we turn a feared situation into a fun one? Come find out. Designed for men, but open to all.

Jeremy is an entrepreneur who is 26 years old, lives in Chicago and enjoys traveling, adventure and spontaneity.

David is a trial attorney at the United States Department of Justice. Before moving to Washington, D.C. to accept his present job, he served as president of Vanderbilt Toastmaster in New York City for three years. He served as an English Teacher in the Peace Corps in Africa for two years.

Asterisk (*) represents CEU sessions

Saturday Adult Workshops (1:15 ~ 2:30 pm)

*The Only Thing We Have to Fear Is....The Perfect Job Tips for Landing (and Keeping) the Job You Want

Who: Beth Bienvenu
Where: Herberger 5
When: 01:15 PM to 02:30 PM

Have you ever spent months trying to find a job that pays the bills AND makes you happy? Have you ever spent years in a job that you didn't like because you were too hesitant to head back into the job market? These are daily realities for people who stutter because we too often let our fears get in the way of finding the perfect job. This interactive workshop will offer some practical tips for getting past those fears and finding the job that you really want. Learn about your legal rights, how to ask for an accommodation, when (and whether) to disclose your stuttering to an employer, and how to advance your career with confidence!

Beth Bienvenu is a Policy Advisor for the U.S.Department of Labor's Office of Disability Employment Policy, where she focuses on policy issues related to the employment of people with disabilities. Her experiences with the NSA and her work in disability employment have taught her that disabilities don't have to limit our options in the workplace and can actually be an asset to employers. She has been member of NSA for 3 years and is a member of the Rockville, Maryland chapter.

*There are no words and letters in speech ~ Then why do you stutter on them?

Who: Robin Timmerman
Where: Kirkland
When: 01:15 PM to 02:30 PM

Our irrational notion of speech is one of the main culprits in developing chronic stuttering. Combine this false conception with your goal of fluent speech in every speaking situation, and you will stutter guaranteed. In order to become free of stuttering you must replace your irrational conception of speech and you must abandon your objective of speaking fluently. On top of that, you must overcome your biggest obstacle in achieving normal speech. Find out what this biggest obstacle is! This seminar provides deep insight in stuttering and what can be done to become a normal, natural speaker.

Robin Timmerman of the Hausdörfer-institute for Natural Speech in Calgary, Canada, is a subject matter expert having stuttered himself until adulthood. He partners with the successful Hausdörfer-institute in The Netherlands offering stuttering therapy for adults, adolescents and children in North America (www.hausdorfer.com).

Asterisk (*) represents CEU sessions

Saturday Adult Workshops (1:15 ~ 2:30 pm)

*Covert Stuttering - Exposed!

Who: Dr. Ellen Bennett-Lanouette, Hannah Laday, Bob Wellington, Evan Usler & Cathy Olish
Where: Herberger 3, A, B
When: 01:15 PM to 02:30 PM

"W-w-w-what are you d-d-d-doing here? You d-d-d-don't st-st-st-st-stutter!" That question is common for a covert stutterer attending an NSA convention. Covert - or hidden, interiorized - stuttering is a greatly misunderstood stuttering phenomena which is exposed in this workshop. Emphasis is given to establishing the "covert" classification as a unique form of stuttering, explaining and examining some of the unique characteristics of covert stutterers as well as overt - open, exteriorized - stutterers who want to understand this unique form of stuttering. Parents are also encouraged to attend to help understand the roles they can play in helping their children identify and recover from covert stuttering. SLPs are also encouraged to attend so that they can understand the recommended therapies involved with the unique form of stuttering.

Ellen Bennett is a Speech Language Pathologist, Membership chair of the International Cluttering Association, Board Recognized Fluency Specialist.

Hannah Laday lives in Metuchen, NJ. She works as an assistant/companion to a developmentally disabled young woman. She has been a member of the NSA for four years. She is the Chapter Leader of the Central NJ Chapter of the NSA which formed in October of 2009. Hannah will talk about her almost before-and-after covert story in relation to leaving her home state of Maine for life in New Jersey.

Bob Wellington is from Jacksonville, Florida and has been working as a CPA for 25 years. He has been a sole practitioner for five of those years. Bob has been married for 30 years and has two children. He started formal speech therapy at age five and continued speech and various formal speech related therapies for 26 years. He is the only person who stutters in his family. He joined the NSA in 2007 and belongs to the NSA Jacksonville Chapter. He is also active in the SBC (stuttering book club) that meets monthly and will be voted in as the president of the Beaches Area Toastmasters Club next month. Scottsdale will be Bob's 3rd NSA conference.

Evan Usler is from Providence, Rhode Island and is a member of the Rhode Island chapter of the NSA. Evan is a librarian and archivist, with a M.L.I.S. and M.P.A. from the University of Rhode Island and a B.A. from Boston University. He also served as a Peace Corps volunteer in Jordan from 2005-2007.

Cathy Olish lives in Ferndale, Michigan and works in Human Resources at Ford Motor Company. She has been a member of the NSA for over ten years, has facilitated over 15 workshops, currently is co-chapter leader for the Royal Oak NSA Chapter and for the Dearborn Kids/TWST Chapter. She also serves on the Board of Directors for the NSA as Special Projects and Volunteer Coordinator.

1:15—4:00—Silent Auction is now closed (please pick your item up by 4:00)
If you were bidding on any of the items please head to the NSA store to see if you were the lucky winner.

Asterisk (*) represents CEU sessions

Saturday Adult Workshops (2:45 ~ 4:00 pm)

*Update on the Use of Medications for the Treatment of Stuttering

Who: Gerald Maguire
Where: Herberger 3, A, B
When: 02:45 PM to 04:00 PM

Gerald A. Maguire, MD, is Associate Professor, the Granville and Sidney Kirkup Endowed Chair in stuttering treatment in the Department of Psychiatry and Senior Associate Dean for Educational Affairs at the University of California, Irvine School of Medicine. Dr. Maguire earned his medical degree from St. Louis University School of Medicine in 1991. He carried out his residency in Psychiatry at the University of California, Irvine from 1991 to 1995, where he was Chief Resident his final year. As a person who stutters himself, Dr. Maguire is dedicating his professional career to investigating novel medical treatments for this disorder.

*Pushing Past The Fear

Who: Pamela Mertz & Patrice Roy
Where: Herberger 4
When: 02:45 PM to 04:00 PM

Fear is a part of life. We fear beginnings and we fear endings. We fear "staying stuck" and we fear change. We fear success and we fear failure. People who stutter have a great many fears, and often those fears hold us back from experiencing life fully, sometimes even paralyzing us. This workshop will provide participants with insights to improve our ability to handle fearful situations. Patrice and Pam will share some of their feared moments, both stuttering related and life related, and give participants an opportunity to share some of their experiences. As a group, we will come up with strategies to reframe fear, and move toward acceptance rather than the often held belief that fear is a barrier. We will discuss some of the changes we have all made, and the changes we still want to make, and how fear is an inevitable part of that process.

Pam Mertz has worked in education and counseling for over 25 years. She is currently a Career Specialist with high school students. Pam is an active member of her NSA Chapter, the Council of Fluency at The College of St Rose in Albany, NY, and Friends. She edits and publishes two electronic newsletters (one monthly) for stuttering communities. Pam is an active Toastmaster, and is immediate past-president of her local Toastmasters club. Pam enjoys free lance writing, and raising public awareness about stuttering. This is Pam's fourth NSA conference.

Patrice Roy is a Speech and Language Pathologist and Teacher of the Hearing Impaired. She currently works in the Pittsfield Public Schools in Pittsfield, MA. Patrice lives in Bennington, VT. She has been working in Special Education for 31 years. Patrice brings to this workshop her own fears with stuttering both professional and personal. This is her fifth NSA conference.

Open Microphone

Who: Al Thomas
Where: Herberger 2
When: 02:45 PM to 04:00 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are and we have brought open microphone just for you. Be sure not to miss this one!

AL Thomas is from Lafayette, LA, has been a member of the NSA for the past seventeen years and a long time member of passing twice.

Asterisk (*) represents CEU sessions

Saturday Adult Workshops (2:45 ~ 4:00 pm)

*What Happened? the first time you stuttered!

Who: Kathy Filer, Sue Camlin and Bill Deering
Where: Kirkland
When: 02:45 PM to 04:00 PM

What if playfully recreating that moment could set you free as a butterfly? You must want to fly so much that you are willing to give up being a caterpillar! We will do a powerful exercise where you will discover that something is possible for yourself and your life that you never saw before. This possibility will leave you free from the past. Join us for the adventure of a lifetime!

Katherine started a support group for people who stutter in South Jersey in 1991 which is now an active NSA group. She is a self-employed Computer Consultant and has been in the computer field for 20 years. She is currently working with six other people who stutter to discover the source of stuttering. The breakthrough results of this project are extraordinary and a book is being written on her journey. Her commitment to empowering and enabling all people to find their voice is making the difference in the world! Katherine is honored to be an Introduction Leader for Landmark Education.

Sue Camlin is a member of the South Jersey NSA group. She has been a teacher for over 43 years. She is very active in Social Justice & helps host a Food Pantry which serves over 725 families & leads a Partnership with a church in Transylvania. Sue is a world traveler and an Introduction Leader for Landmark Education.

Bill Deering is a motivational speaker who has gone from stuttering on every other word and it taking him 3 minutes to say his first name to now speaking to thousands of people. He inspires, empowers, encourages others to breakthrough their personal challenges in life. He speaks candidly about his self-hatred of stuttering and the growth process of accepting himself. He has overcome many challenges in his life including learning disabilities, bringing his grade point average in college from a .7 to a 3.7 his last semester of college and choosing to lose 60 pounds and keeping it off for nearly 25 years. He brings lightness, playfulness and fun to the conversation of stuttering.

Using storytelling to establish a stuttering culture

Who: Nina Ghiselli
Where: Herberger 5
When: 02:45 PM to 04:00 PM

“My tongue is in my friend’s mouth” is an old southern saying that describes the invisible culture of stuttering. PWS are a diverse population, but we all share common experiences that bond and unify us. This workshop will allow participants to tell their stories in pairs in order to establish the richness of our experiences and finding our identity in others. The exercise will be processed with the audience after telling their stories. Participants will be talking in small groups or pairs. They will be sharing at least one story related to their stuttering in a friendly and safe environment. Participants will not be forced to talk in front of the audience. This workshop is only for PWS.

Nina Ghiselli, Psy.D. is a clinical psychologist in private practice and the Director of Disability Services for Alliant International University. She teaches classes at Alliant International University, UC Berkeley Extension, and Argosy University. She identifies as a Person who Stutters with Learning Disabilities. You can learn more about Dr. Ghiselli at www.drninag.com

Asterisk (*) represents CEU sessions

Saturday Events you don't want to miss!

Closing Ceremonies

Who: NSA conference attendees
What: Closing Ceremony
Where: Herberger Ballroom
When: 04:15 PM to 05:00 PM

Everyone comes together one last time with the new friends we've met to reflect on the stories shared and lessons learned. Kids, teens and adults who stutter and those who are here to support us are reminded that..."We are beautiful, no matter what they say...Word can't bring us down."

Dinner Banquet, Live Charity Auction, and Dancing

Who: Fun for All!
What: This is a pre-paid event. Please bring your ticket with food selection indicated.
Where: Kierland 2 (lobby level)
When: 06:30 PM—Cocktails in Foyer
07:00 PM—Doors open for banquet seating

Dine together, Bid to your hearts' content at our Live Charity Auction, and dance, dance, dance! Celebrate the close of NSA 2009 in style with old and new friends, as we dance the night away.

You must bring your ticket with food selection indicated





Thursday Family Conference Schedule

Day at a glance

8:00am ~ 5:00pm
Registration & NSA
store open

8:00am ~ 5:00pm
Silent Auction opens
in the NSA Store

8:30 ~ 10:00am
Family Orientation

10:15 am ~ 12:15 pm
Kids: Icebreaker &
T-Shirt Making
Teens/Parents:
General Session

12:15~ 1:15 pm
Lunch on your own

1:30 ~ 2:45 pm
Kids: Make our
conference better
Teens: Open Mic
Parents: Open parent
roundtable

3:00 ~ 4:15 pm
Kids: Scavenger Hunt
Teens: Bite out of
advertising
Teens: Advertising
Parents: Roundtable

4:15 ~ 5:30 pm
NSA Youth Leaders
Kids/Parents
Hitting the pool...

Family Orientation (8:30 ~ 10:00 am)

Herberger 2

Family Workshops (10:15 am ~ 12:15 pm)

Complete descriptions are provided on page 45

Facilitator	Workshop Title	Location
Kids	Icebreaker & T-shirt making	Rainmaker B
Parents/Teens	Research Symposium	Herberger Ballroom

12:15 ~ 1:15 Grab some lunch from the NSA food court located in the Trailblazer room located on the lobby level

Family Workshops (1:30 ~ 2:45 pm)

Complete descriptions are provided on page 46

Facilitator	Workshop Title	Location
Kids	Make our Conference better	Rainmaker C
Teens	Open Microphone	Rainmaker A
Parents	Opening Parent Roundtable	Trailblazer

Family Workshops (3:00 ~ 4:15 pm)

Complete descriptions are provided on page 47-48

Facilitator	Workshop Title	Location
Kids	Scavenger Hunt	Greenway A
Teens	Bite out of Advertising	Rainmaker C
Parents	*Ask the Experts	Herberger 5
	Real Life Issues for the 20 something	Herberger 1

First Timers Gathering

3:00pm-4:15pm— Rainmaker A

4:15 ~ 5:00

NSA Youth Leaders

Rainmaker B

4:15 ~ 5:30 Kids/Parents - Grab your suits we are hitting the pool
PARENTS MUST ACCOMPANY YOUR CHILDREN

Opening Conference Celebration 6:30 ~ 11:30pm
Herberger Ballroom— KARAOKE night

Thursday Family Workshops

Family Orientation

Who: Debbie Nicolai, Marybeth Allen & Sarah D'Agostino
What: Orientation for kids, teens, and parents
Where: Herberger 2
When: 08:30 AM to 10:00 AM

Meet other families and get acquainted with first time attendees and returning families. The conference program will be discussed as well as the "How to Use this Program" instruction page. There will be plenty of time for socializing, and questions and answers.

Debbie is Stephanie's mom and she thinks that this is the most important badge that she wears while at the conference. Besides proud parent, Debbie is Co-Chair of the Family Programs and is an NSA board member. Debbie and her family live in Canyon Lake, California.

Marybeth is the Co-chair of the Family Programs, a person who stutters, and an SLP who is a Board Recognized Fluency Specialist.

Sarah D'Agostino, NSA's family program administrator, member of the NSA since 1999 and former chapter leader of the Royal Oak, MI Beaumont Hospital Adult Support Chapter. She is a person who proudly stutters and although she experienced speech therapy she attributes her positive attitude toward stuttering to the NSA. She is presents to University SLP classes in hopes to educate future SLP's about the benefits of the NSA and tell her personal experiences. Sarah is the oldest of six children, graduated from MSU and has worked as an art teacher, softball coach, marketing director, and real estate agent. She is now the work-at-home wife and mother to miss Mea Jane.

***Parents/Teens 10:15—12:15 Research Symposium in Herberger Ballroom**

Kids ~ Ice Breaker

Who: Debbie Nicolai
Where: Rainmaker B
When: 10:15 AM to 11:15 AM

Let's kick off this conference on the right foot! The NSA Kids will meet together to discuss and brainstorm what they can all do to help make this NSA conference the best ever! We will generate a list of the kid's roles and responsibilities and the list will be shared with the NSA parents!

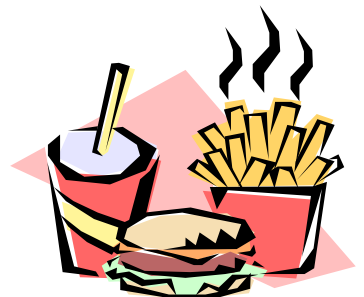
Debbie is Stephanie's mom and she thinks that this is the most important badge that she wears while at the conference. Besides proud parent, Debbie is Co-Chair of the Family Programs and is an NSA board member. Debbie and her family live in Canyon Lake, California.

Kids ~ Make a Memory (T-shirts)

Who: Chole Whittaker
What: Make friends...Make a memory
Where: Rainmaker B
When: 11:15 AM to 12:15 PM

At this workshop you will make memories of your own to take home as you create T-shirts~

12:15 ~ 1:15 PM—Grab your lunch from the NSA food court located in the Trailblazer room (lobby level) ~ NSA is happy to offer you some inexpensive options for lunch. You can choose from assorted sandwiches \$5.50, Salads \$5.50, cookies \$2.00, brownies \$3.00, soda/ water \$2.50 ~



Thursday Family Workshops (1:30 ~ 2:45pm)

Kids ~ Make our Conference Better

Who: Sarah D'Agostino & Marybeth Allen
Where: Rainmaker C
When: 01:30 PM to 02:45 PM

Let's kick off this conference on the right foot! The NSA Kids will meet together to discuss and brainstorm what they can all do to help make this NSA conference the best ever! We will generate a list of the kid's roles and responsibilities and the list will be shared with the NSA parents!

Sarah D'Agostino, NSA's family program administrator, member of the NSA since 1999 and former chapter leader of the Royal Oak, MI Beaumont Hospital Adult Support Chapter. She is a person who proudly stutters and although she experienced speech therapy she attributes her positive attitude toward stuttering to the NSA. Sarah is the oldest of six children, graduated from MSU and has worked as an art teacher, softball coach, marketing director, and real estate agent. She is now the work-at-home wife and mother to miss Mea Jane.

Marybeth Allen is the Co-chair of the Family Programs, a person who stutters, and an SLP who is a Board Recognized Fluency Specialist.

Parents ~ Opening Parent Roundtable

Who: Lois Hare & Diana Richards
Where: Trailblazer
When: 01:30 PM to 02:45 PM

Parents join together for the first time at this conference to share stories and support each other as we travel together in each others journey. This workshop offers something for conference first-timers and veterans.

Lois Hare is a parent of a young man (Sean Hare) who stutters. Sean serves on the Teen Advisory Council and conducts various workshops for the family programs. Lois also holds her own workshops (The opening and closing Roundtables). The Hare family have been coming to NSA conferences since 2001, and look forward to coming each and every year. Lois and her husband reside in Coral Springs, Florida and their son Sean will be entering his senior year at Stetson University in Deland, Florida.

Diana Richards is the mother of a 18 year old young man who stutters. She works as an Executive Administrative Assistant for one of the largest software storage companies in the US and Abroad. She is married, has 2 boys, 2 dogs & 2 cats. Plus, she loves gardening and doing projects on her home.

Teens ~ Open Microphone

Who: Taro Alexander will be your host
Where: Rainmaker A
When: 01:30 PM to 02:45 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!

Taro Alexander is an accomplished performer, teacher, and director who has stuttered since the age of five. His artistic impulses were encouraged by his parents at an early age and his interest in contributing to social change was influenced greatly by the work of his father, the late Bobby Alexander, who founded the legendary Living Stage Theatre Company in Washington, DC. Taro decided that it was time to realize his lifelong dream of utilizing art to transform the lives of people who stutter. He founded Our Time in the Fall of 2001. He would like to thank the young people of Our Time for their courage and trust. He is honored to be married to the amazing Leigh Pennebaker. They are the proud parents of one son, with another baby due in late Summer, 2009.

Thursday Family Workshops (3:00 ~ 4:15pm)

Kids ~ Scavenger Hunt

Who: Amanda Lara
Where: Greenway A
When: 03:00 PM to 04:15 PM

Hey kids! Come join our group scavenger hunt for a fun filled afternoon. Prizes will be awarded!

Amanda Lara is an Speech Language Pathology in the ABC Unified School District. Her sister is Stephanie Nicolai, who gave her the passion to want to be an SLP.

Teens ~ Nice to meet you, I stutter – Taking the Bite out of Advertising

Who: Sarah Onofri
Where: Rainmaker C
When: 03:00 PM to 04:15 PM

Advertising is essentially being able to say to someone, “Hi, I’m Sarah and I stutter!” This might seem pretty weird at first but can be a big help in feeling more comfortable speaking and just feeling more comfortable stuttering. This workshop will cover some of the different unique ways to advertise your stuttering and the situations where it can be helpful – whether that’s in class, at a job interview or just with friends.

Sarah Onofri is going into her junior year at Wheelock College in Boston, where she’s majoring in Elementary Education and American Studies. She’s very involved with campus activities and is also a student advisor for freshmen, as well as being a Daisy Girl Scout leader. This is her fourth conference and as she’s growing in the NSA from teen to adult, she is so excited to get to share her love of advertising with the teens!

*Parents ~ Ask the Experts

Who: Nina Reeves & Diane Games
Where: Herberger 5
When: 03:00 PM to 04:15 PM

There is a tremendous amount of information that is available today for adults and teens that stutter. This workshop is meant to educate consumers who stutter on how to separate fact from fiction in the world of stuttering. Two board recognized fluency specialists will present information on stuttering that can make them better consumers of information. Topics that will be included are: treatment efficacy, pharmacological treatment of stuttering, fluency enhancing devices, and future trends in research. The session will end with a considerable amount of time for questions and answers.

Nina Reeves is a Speech-Language Pathologist and Board Recognized Fluency Specialist. She is a past NSA Board Member and Family Programs Director. Nina is currently a consultant to several school districts, a frequent continuing education speaker for speech-language pathologists, and a busy private practitioner. She co-authored a textbook on stuttering in school aged children and has authored or co-authored numerous articles and booklets. Nina received the Distinguished Alumni Award from Illinois State University and was NSA's SLP of the Year in 2005.

Diane Games is Co-owner of Tri-County Speech Associates, Inc. a private practice in Cincinnati, OH; Past President of the Ohio Speech/Language & Hearing Association; Honors of OSLHA – 1994; Coordinator of Fluency Friday Plus – a intensive treatment program for children/teens who stutter held yearly in Cincinnati, OH.

Thursday Family Workshops

Real-life issues for "20-somethings" who stutter An interactive workshop

Who: John Tetnowski & Alex Rosenbaum
Where: Herberger 1
When: 03:00 PM to 04:15 PM

This workshop is designed to facilitate discussion for young adults and older teens on "real-life" issues that face this group. The facilitators will begin the discussion with background research that affects this age-group and the attendees will be encouraged to discuss issues of that are currently impacting their lives. Issues to be discussed are dating, marriage, employment choices, employment preparation, what to do after graduation, starting a family, and other timely issues.

John Tetnowski, Ph.D. is a board recognized fluency specialist and mentor. He has treated people who stutter and has worked with groups for over 20 years. He is a past NSA SLP of the Year and represents last year's Chapter of the Year

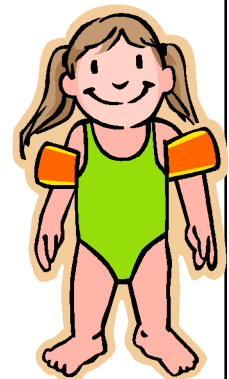
Alex Rosenbaum is a 21 year old college student from Hollywood, Florida. He hopes to be a Speech Language Pathologist after graduating from college. He is currently a member of the NSA's Teen Advisory Council. This is his 10th conference.

Kids/Parents ~ Grab your bathing suit! We are hitting the pool!

What: Pool Party
Where: Hotel Pool
When: 04:15 PM to 05:30 PM

Have fun with new and old friends at the NSA family pool party for kids 8 - 12 and their parents. Don't forget your sunscreen

*****PARENTS MUST ACCOMPANY THEIR CHILDREN TO THE POOL!**



4:15—5:30 Teens: No workshop scheduled

NSA Youth Leaders Discussion

Who: Marybeth & Sarah
What: NSA Youth Leaders Discussion
Where: Rainmaker B
When: 04:15 PM to 05:00 PM

NSA Kids and TWST chapters are the grassroots of NSA's Family Programs. As the number of chapters across the nation grow, we need to make sure we have all the tools available and support each other. Those who have great success can give tips to others who are new to the game. Leading the workshop will be Marybeth Allen, a seasoned youth chapter leader who is also an SLP and Sarah D'Agostino, who is the Family Programs Administrator. This workshop will be a very interactive, and hands-on where chapter leaders should get new energy and tools to make their group bigger and better.

Thursday Opening Reception

Where: Herberger Ballroom
When: 6:30 PM to 11:30 PM



This evening promises to be full of fun and cheer as we celebrate the opening of NSA 2009 Annual Conference. Opening remarks from NSA Chairman Ernie Canadeo and NSA Executive Director, Tammy Flores are followed by presentation of NSA member awards including Youth of the Year and SLP of the Year. Next get ready to be entertained by Our Time Theatre Company comprised of young people that stutter who write, act, sing and direct a production that will display the NSA's message of unconditional acceptance. Enjoy light hors d'oeuvres and cash bar before you sing your heart out at KARAOKE, KARAOKE, KARAOKE!





Friday Family Conference Schedule

Day at a glance

8:30 ~ 9:45am
 Kids: I am Great
 Teens: Info for Teens
 Parents: Sharing Feelings

Family Workshops (8:30 ~ 9:45 am)

Complete descriptions are provided on page 53.

	<u>Workshop Title</u>	<u>Location</u>
Kids	I am Great!	Cushing B
Teens	Info For Teens	Rainmaker A
Parents	Sharing Feelings	Trailblazer

10:00 ~ 11:45am
 Teens/Parents
 General Session

Family Workshops (10:00 ~ 11:45am)

Complete description on page 54.

	<u>Workshop Title</u>	<u>Location</u>
Kids	Open Microphone	Rainmaker A
Kids (11:00—11:45)	Stutter Buddies	Rainmaker A

10:00 ~ 11:00am
 Kids: Open Microphone

Parents/Teens

General Session (10:00 ~ 11:45am) - Herberger Ballroom

11:00 ~ 11:45am
 Kids: Stutter buddies

11:45—1:00pm ~ Lunch on your own

11:45am - 1:00pm
 Lunch on your own

NSA is happy to offer you some inexpensive options for lunch. Head up to the Trailblazer room and enjoy lunch with some of your new found friends. You can choose from assorted sandwiches \$5.50, Salads \$5.50, cookie \$2.00, brownies \$3.00, soda/water \$2.50

1:15 ~ 2:30pm
 Kids~ What bugs You
 Teens ~ you choose
 Parents ~ All you wanted to know...

Family Workshops (1:15 ~ 2:30 pm)

Complete description on page 55-56.

	<u>Workshop Title</u>	<u>Location</u>
Kids	What Bugs You?	Cushing B
Teens	Self Help Strategies	Herberger 2
Teens	Braving the College Scene	Rainmaker C
Parents	All you wanted to know about stuttering	Herberger 4

2:45 ~ 4:15pm
 Kids: Stuttering jeopardy
 Teens/Parents: Succeeding with a stutter

Family Workshops (2:45 ~ 4:15 pm)

Complete descriptions are provided on page 57.

	<u>Workshop Title</u>	<u>Location</u>
Kids	Stuttering Jeopardy	Rainmaker C
*Teens/Parents	Succeeding with a stutter	Herberger 4

TOUR INFO:
 See page 33

Tours begin leaving the hotel at 5:00pm
 For information on a specific tour turn to page 33

Friday Family Workshops (8:30 ~ 9:45am)

Kids ~ I am GREAT!

Who: Taro Alexander
Where: Cushing B
When: 08:30 AM to 09:45 AM

Taro Alexander is an accomplished performer, teacher, and director who has stuttered since the age of five. His artistic impulses were encouraged by his parents at an early age and his interest in contributing to social change was influenced greatly by the work of his father, the late Bobby Alexander, who founded the legendary Living Stage Theatre Company in Washington, DC. Taro decided that it was time to realize his lifelong dream of utilizing art to transform the lives of people who stutter. He founded Our Time in the Fall of 2001. Mr. Alexander has been widely recognized for his work with people who stutter and has led workshops, master classes, and performances around the world from Dublin to Montreal to Glasgow to Chicago to San Francisco to New Orleans. Taro and Our Time have been featured on NBC Nightly News With Brian Williams, NPR's All Things Considered, The Today Show, WNBC, as well as in the New York Times, Chicago Tribune, and Washington Post. He would like to thank the young people of Our Time for their courage and trust. He is honored to be married to the amazing Leigh Pennebaker. They are the proud parents of one son, with another baby due in late Summer, 2009.

Teen ~ Info for Teens

Who: Samantha Gennuso
Where: Rainmaker A
When: 08:30 AM to 09:45 AM

This workshop is designed to answer those questions teens may have as they become young adults.

Parents ~ Sharing feelings

Who: Uri & Phillip Schneider
Where: Trailblazer
When: 08:30 AM to 09:45 AM

Parenting is a tough and important job. It can become even more so when ones child stutters. This seminar, for parents of children who stutter and SLPs, will give parents an opportunity for to share the challenges of parenting children & teens who cope with stuttering. We will focus on the crucial role of listening skills as it relates to communicating with our children who stutter.

Uri Schneider, M.A. CCC-SLP is a partner in Schneider Speech Pathology (a private practice with offices in Nassau, Queens and the Bronx, NY), and he is a faculty member at The Summit School of Queens. He specializes in stuttering, voice, language/learning and public speaking, working with both children and adults. Uri has also worked in corporate media training at Virgil Scudder & Associates, and serves on the Health Advisory Committee of Worldwide B'Above Headstart. He is recognized as a dynamic lecturer, who has presented locally and nationwide, most recently for ASHA, NYSSLHA, LISHA, the Special Interest Division 4 Conference, and the National Stuttering Association. Uri enjoys the outdoors, playing basketball and biking. Uri lives in Queens with his wife and two sons.

Phil Schneider, Ed.D. CCC-SLP is Associate Professor Emeritus of Communication Disorders at Queens College and in private practice for 35 years. Phil has received the highest Honors of the New York State Speech-Language-Hearing Association and its Distinguished Clinician Award. In 2004 he was named the Speech Pathologist of the Year by the National Stuttering Association. He has presented more than 200 inspirational and informative seminars nationally and internationally and has appeared on NBC, ABC and WOR TV. His documentary, "Transcending Stuttering — The Inside Story" aired on PBS Channel 13 in 2004.

Friday Family Workshops (10:00 ~11:45am)

Kids ~ Open Microphone

Who: Taro Alexander
Where: Rainmaker A
When: 10:00 AM to 11:00 AM

Teens come together and share past experiences, conference experiences and whatever else that they would like to share. A teen with a microphone promises to be a very moving, heartfelt closing to this conference for the teens.

Stutter Buddies

Who: Bonnie Weiss
Where: Rainmaker A
When: 11:00 AM to 11:45 AM

The workshop will be a time of getting to know each other. This will include talking about ourselves, and sharing our thoughts and feelings about stuttering. We will talk about both positive and negatives feelings about stuttering, and how we can help each other. We will also talk about writing our “stories” for Stutter Buddies, and what we want people to know about stuttering. W will come away from this workshop knowing that stuttering is okay!!

Bonnie Weiss helped start the Buffalo Chapter of the National Stuttering Association more than 15 years ago and has helped start a TWST group in Buffalo this year. She has served on the Board of Directors, and was the National Chapter Coordinator for several years. She is also the Associate Editor of Stutter Buddies, a newsletter for children who stutter. Bonnie has been invited to speak to community organizations as well as college classes during the past few years. Bonnie retired from the University at Buffalo in June of 2004, and is enjoying retirement! She continues her affiliation with the University as a member of REV-UP (Retired Employee Volunteer - University Professionals), and volunteers at UB football games, for Red Cross blood drives at UB, as well as helping with on-campus projects. Bonnie also volunteers for the Buffalo Convention Center and has worked at the information table for conventions that are held in Western New York.

*General Session (Parents/Teens) - see page 27 For details

11:45—1:00pm ~ Lunch on your own



Friday Family Workshops (1:15 ~ 2:30pm)

Kids ~ What Bugs You?

Who: Marybeth Allen
Where: Cushing B
When: 01:15 PM to 02:30 PM

What bugs you about stuttering? Now is your chance to make it happen! Kids will make a funny and creative “bug box” (craft project) and then will talk about what "bugs" each of them about their stuttering. They will write it down and put it in their “Bug Box”. Stay tuned for the fun as we all decide what we can do about “what bugs us about our stuttering” ! P.S....Those bugs just might get smooshed, smashed, and shtompted!!

Marybeth is the Co-chair of the Family Programs, a person who stutters, and an SLP who is a Board Recognized Fluency Specialist.

Teens ~ Self-Help Strategies from Avoidance Reduction Therapy Choices that Lead to Comfortable Communication

Who: Vivian Sisskin & Karyn Yellin-Kovacs
Where: Herberger 2
When: 01:15 PM to 02:30 PM

Join speech-language pathologists Vivian Sisskin and Karyn Yellin Kovacs for this fun, informative, and interactive workshop to help teens and adults make choices that lead to comfortable, avoidance-free speech. A panel of people who stutter will share experiences and demonstrate activities/assignments that lead to spontaneous communication, free of control. Workshop participants will begin exploring their stuttering pattern and their potential for change.

- Be free of the “mental gymnastics” that limit participation in daily communication.
- Identify learned reactive behaviors that lead to struggle and tension.
- Discover how efforts toward fluent speech can actually be triggering fluency failure.
- Make choices that lead to efficient communication rather than habit-based struggle.

“You are a walking museum of the things you have tried to conceal your identity as a person who stutters”... Joseph and Vivian Sheehan, pioneers of avoidance reduction therapy for stuttering, will be remembered through quotes and analogies that trace the roots of the treatment philosophy.

Vivian Sisskin is a clinical instructor in the department of Hearing and Speech Sciences at the University of Maryland. The University’s College of Behavioral and Social Sciences recognized her with the 2008 Excellence in Teaching Award. She is an ASHA Board Recognized Specialist in Fluency Disorders and served as Coordinator for ASHA’s Special Interest Division 4, Fluency and Fluency Disorders. Her clinical interests include fluency disorders and communication in autism spectrum disorders. Her publications and workshops focus on the treatment of stuttering, non-stuttering disfluency, and strategies for effective group therapy. Vivian is a private practitioner in the Washington D.C. area.

Karyn Yellin Kovacs, M.A., CCC-SLP Karyn Yellin Kovacs is a speech-language pathologist and a person who stutters. She currently works in a preschool setting in Maryland with children with severe developmental disabilities, and with children who stutter in private practice. Karyn's clinical interests include stuttering and autism. She has been a member of the NSA since 2006.

Friday Family Workshops (1:15 ~ 2:30pm)

Teens (18-21) - Stuttering: Braving the College Scene

Who: Stephanie Nicolai & Sean Hare
Where: Rainmaker C
When: 01:15 PM to 02:30 PM

A free form discussion group to explore social, academic, and career based concerns for ages 18-21. Graduating high school and entering the working world or college is a challenging time for anyone. Stutterers are faced with unique challenges during this transitional phase. This workshop provides a forum for young adults to share common experiences associated with the transition.

Stephanie Nicolai Stephanie Nicolai is 20 years old and a junior at San Diego State University majoring in Psychology, specifically interested in brain and other disorders. She is the Teen Advisory Council leader and also a member on the Board. This will be her 9th conference.

Sean Hare lives in Coral Springs, Florida he is 19 years old and entering his junior year of college. Sean is majoring in Environmental Science, this will be his 6th year attending NSA conferences.

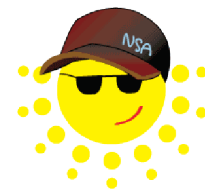
Parents ~All You Ever Wanted to Know About Stuttering but Were Afraid to Ask

Who: Sarah D'Agostino & Russ Hicks
Where: Herberger 4
When: 01:15 PM to 02:30 PM

Learn about stuttering from two people who really do stutter! This workshop is designed to teach you the fundamentals of stuttering from a layman's perspective. You'll learn what stuttering is and what it is not. You'll learn how to become more comfortable talking with a person who stutters. You'll learn what to do when talking with a person who stutters. You'll learn the difference between fluency and communication. If your child stutters, you'll learn what the future may hold for him or her. You may also learn to stutter yourself! This is a highly interactive workshop full of lots of questions and answers.

Sarah D'Agostino, NSA's family program administrator, member of the NSA since 1999 and former chapter leader of the Royal Oak, MI Beaumont Hospital Adult Support Chapter. She is a person who proudly stutters and although she experienced speech therapy she attributes her positive attitude toward stuttering to the NSA. She is presents to University SLP classes in hopes to educate future SLP's about the benefits of the NSA and tell her personal experiences. Sarah is the oldest of six children, graduated from MSU and has worked as an art teacher, softball coach, marketing director, and real estate agent. She is now the work-at-home wife and mother to miss Mea Jane.

Russ Hicks has been married for 46 years, has two grown children and five beautiful grandchildren. He retired in 1998 from Texas Instruments. Russ is the Past President of the Dallas Chapter of the NSA and was the NSA National Member of the Year, 2000. He is the webmaster of the NSA website at www.WeStutter.org.



Friday Family Workshops (2:45 ~ 4:15pm)

Teens/Parents ~ Dispelling the myths and addressing the fears about succeeding with a stutter

Who: Jay Jones-Doyle
Where: Herberger 4
When: 02:45 PM to 04:15 PM

My presentation aims to dispel the fears which plague many parents regarding their child's social, academic, and professional opportunities. Through interactive discussion I hope to address these concerns and show parents and stutters alike why they need not be as worried, and that life really is 1/10th what happens to you and 9/10 this what you do about it.

Jay is currently pursuing a Masters of Science in Marketing (specialized in New Product Development) from the John Molson School of Business in Montreal, a father of a five year old, a championship-winning junior hockey coach, a web designer, and quite the social butterfly... and I stutter too. Oh, almost forgot... I also have cerebral palsy :)

Kids ~ Stuttering Jeopardy Fact vs. False

Who: Diane Games & Nina Reeves
Where: Rainmaker C
When: 02:45 PM to 04:15 PM

What do you know about stuttering? Team up with your family and new friends to play a "stuttering jeopardy" game! Will your knowledge dazzle your friends and win you points? Join us and bring on the fun!

Diane Games is Co-owner of Tri-County Speech Associates, Inc. a private practice in Cincinnati, OH; Past President of the Ohio Speech/Language & Hearing Association; Honors of OSLHA – 1994; Coordinator of Fluency Friday Plus – a intensive treatment program for children/teens who stutter held yearly in Cincinnati, OH.

Nina Reeves is a Speech-Language Pathologist and Board Recognized Fluency Specialist. She is a past NSA Board Member and Family Programs Director. Nina is currently a consultant to several school districts, a frequent continuing education speaker for speech-language pathologists, and a busy private practitioner. She co-authored a textbook on stuttering in school aged children and has authored or co-authored numerous articles and booklets. Nina received the Distinguished Alumni Award from Illinois State University and was NSA's SLP of the Year in 2005.

Tour information is provided on page 33
please check for departure time



Welcome to the National Stuttering Association



Saturday Family Conference Schedule

Day at a glance:

Family Workshops (8:30 ~ 9:45 am)

8:30 ~ 9:45am

Kids: NSA' Got Talent

Teens: Open Microphone

Parents: Meet the Teens

Complete descriptions are provided on page 59.

	<u>Workshop Title</u>	<u>Location</u>
Kids	NSA's Got Talent	Rainmaker B
Teens	Open Microphone	Cushing B
Parents	Meet the TAC	Herberger 5

10:00 ~ 11:45am

Kids: Fun & Games w/
the TAC

Kids: Fun & Games w/ the TAC 10:00 ~ 11:45am Rainmaker A

Teens & Parents—Herberger Ballroom

General Session -(10:00 ~ 11:45am)

10:00 ~ 11:45am

Teens/Parents: General
Session

11:45am ~1:00pm Lunch on your own

11:45am ~ 1:00 pm

Lunch on your own

Family Workshops (1:15 ~ 2:30pm)

Complete descriptions are provided on page 60.

	<u>Workshop Title</u>	<u>Location</u>
Kids	Open Microphone	Cushing B
Teens	Know your rights—IEP 411	Herberger 2
Parents	Know your rights—IEP 411	Herberger 2

1:00pm

Silent Auction closes

1:15 ~ 2:30pm

Kids: Open Microphone

Teens/Parents: Know
your rights

Family Workshops (2:45 ~ 4:00pm)

Complete descriptions are provided on page 61.

	<u>Workshop Title</u>	<u>Location</u>
Kids	Let's Get Ready	Rainmaker B
Teens	Let's Get Ready	Rainmaker B
Parents	Closing parent Roundtable	Herberger 1

2:45 ~ 4:00 pm

Kids: Let's get Ready

Teens: Let's get Ready

Parents: Roundtable

Closing Ceremony 4:15 ~ 5:00pm Herberger Ballroom

4:15 ~ 5:00pm

Closing Ceremony

Dinner/Banquet/Live Charity Auction

Kierland 2 (Lobby Level)

6:30 ~ 7:00pm

Evening Reception

Evening Reception 6:30pm

Doors open for Banquet 7:00pm

7:00 ~ 1:00 am

Banquet/

Live Charity Auction

Saturday Family Workshops (8:30 ~ 9:45am)

Kids ~ NSA's Got Talent!

Who: Sarah D'Agostino & Cathy Olish
Where: Rainmaker B
When: 08:30 AM to 09:45 AM

Show us Whatcha Got! NSA's kids who stutter and their siblings will be able to compete in an action packed game of charades, Pictionary, singing dancing and all kinds of other activities. Come and cheer others on or volunteer to be a player. Participants will be encouraged to show off their talents and be awarded silly prizes.

Cathy Olish lives in Ferndale, Michigan and works in Human Resources at Ford Motor Company. She has been a member of the NSA for over ten years, has facilitated over 15 workshops, currently is co-chapter leader for the Royal Oak NSA Chapter and for the Dearborn Kids/TWST Chapter. She also serves on the Board of Directors for the NSA as Special Projects and Volunteer Coordinator.

Sarah D'Agostino, NSA's family program administrator, member of the NSA since 1999 and former chapter leader of the Royal Oak, MI Beaumont Hospital Adult Support Chapter. She is a person who proudly stutters and although she experienced speech therapy she attributes her positive attitude toward stuttering to the NSA. She is presents to University SLP classes in hopes to educate future SLP's about the benefits of the NSA and tell her personal experiences. Sarah is the oldest of six children, graduated from MSU and has worked as an art teacher, softball coach, marketing director, and real estate agent. She is now the work-at-home wife and mother to miss Mea Jane.

Teens ~ Open Microphone

Who: Taro Alexander will be the MC
Where: Cushing B
When: 08:30 AM to 09:45 AM

This workshop is one of the most important events that any teen coming to the NSA can attend. In this work shop teens can feel free to introduce themselves how ever they want. The workshop is only for teens, so they are on there own just like in the real world. But here they are surrounded by teens there age who walk around every day with the same speech disflunency problem as they do. Many new friends will be met and old friends will be united. I really feel that this workshop is very important to the NSA and to the teens who attend it.

Parents ~ Meet the Teen Advisory Council

Who: Stephanie Nicolai, Sean Hare, Chole Whittaker, Alex Rosenbaum & Erik Villafana
Where: Herberger 5
When: 08:30 AM to 09:45 AM

Meet the Teen leaders of the NSA. Our TAC will discuss issues related to growing up with stuttering and will answer questions from the parents.

Stephanie Nicolai is 18 years old, just graduated from Temescal Canyon High and will be going to San Diego State University in Fall 2007. This is her 7th conference and her Hobbies include horseback riding, snowboarding, wakeboarding. Steph lives in Canyon Lake, CA with her wonderful family.

Sean Hare lives in Coral Springs, Florida he is 19 years old and entering his junior year of college. Sean is majoring in Environmental Science, this will be his 6th year attending NSA conferences.

Saturday Family Workshops

Kids: Fun & Games w/ the TAC 10:00 ~ 11:45am Rainmaker A

Teens & Parents ~ Herberger Ballroom
General Session (10:00 ~ 11:45am)

11:45am ~1:00pm Lunch on your own

Kids: Open Microphone

Who: Taro Alexander
Where: Cushing B
When: 01:15 PM to 02:30 PM

Parents/Teens: Know your rights - IEP 411

Who: Joan Duffield, Amanda Lara & Diana Richards
Where: Herberger 2
When: 1:15 PM to 02:30 PM

Does the whole IEP process confuse you, frustrate you, or just simply make no sense? If so, this workshop will help you understand the process and learn your rights as a parent.

Joan Duffield is the mother of Katie Rose, a child who stutters. She graduated from Penn State University and has finished Master's work in special education and reading. Joan has been a special education teacher in Pennsylvania at the high school and elementary levels for more than 14 years. She estimates that she has written and participated in over 300 IEP meetings in her career.

Amanda Lara recently graduated from Cal State Long Beach with a Master's degree in Speech-Language Pathology. She is currently working as an SLP in the ABC Unified School District. Her sister is Stephanie Nicolai, who gave her the passion to want to be an SLP. She hopes to soon specialize in fluency.

Diana Richards is the mother of a 18 year old young man who stutters. She works as an Executive Administrative Assistant for one of the largest software storage companies in the US and Abroad. She is married, has 2 boys, 2 dogs & 2 cats. Plus, she loves gardening and doing projects on her home.

Kids/Teens ~ Let's Get Ready

Who: Marybeth Allen & Sarah D'Agostino
Where: Rainmaker B
When: 02:45 PM to 04:00 PM

Let's get ready for the Closing Ceremonies!! We will be working together to make this a Closing Ceremony that no one will forget! All kids, teens and any adults who are involved are required to attend this session to prepare for closing ceremonies.

Parents ~ Closing Parent Roundtable

Who: Diana Richards & Lois Hare
Where: Herberger 1
When: 02:45 PM to 04:00 PM

Parents come together for the last time at this conference to share what we have all learned and felt during our journey together over the past three days.

Saturday Events you don't want to miss!

Closing Ceremonies

Who: NSA conference attendees
What: Closing Ceremony
Where: Herberger Ballroom
When: 04:15 PM to 05:00 PM

Everyone comes together one last time with the new friends we've met to reflect on the stories shared and lessons learned. Kids, teens and adults who stutter and those who are here to support us are reminded that..."We are beautiful, no matter what they say...Word can't bring us down."



Dinner Banquet, Live Charity Auction, and Dancing

Who: Fun for All!
What: This is a pre-paid event.
Where: Kierland 2 (lobby level)
When: 06:30 PM ~ Cocktails in Foyer
07:00 PM—Doors open for banquet seating

Dine together, Bid to your hearts' content at our Live Charity Auction, and dance, dance, dance! Celebrate the close of NSA 2009 in style with old and new friends, as we dance the night away.

You must bring your ticket with food selection indicated



Things you don't want to forget...

See you next year!

*I hope you all will join us next year
July 7th—10, 2010 in Cleveland, Ohio
Cleveland Rocks and so does the NSA!*

"Lebron James may not be here in 2010, but we will! Located on the banks of the Cuyahoga River, the city of Cleveland underwent a tremendous renaissance in the 1990s...with the development of Jacobs Field, the unveiling of the Rock and Roll Hall of Fame on the North Coast Harbor, and being put on the map by comedian Drew Carey, no longer is Cleveland considered the "mistake by the lake." Overlooking the Lake Erie shores, Cleveland also has its share of notable celebrities, including Chrissy Hyde of The Pretenders and Trent Reznor of Nine Inch Nails. In 2008, the Chicago Tribune called Cleveland "America's hot new dining city. So make sure you join us in Cleveland where the city rocks...and so does the NSA!!!"

Rates will be \$139 per night for single/double/triple/quad